

June is Recreation and Parks Month



Run, walk, jog, hike, cycle, swim, skate, lift, dunk...

Staying active is an important part of a healthy lifestyle, and we're here to make it easier for you.

Take advantage of **FREE** outdoor activities in Caledon this month, and all year long.



Kilometres of walking trails and cycling routes

Explore Caledon and find your fit.



Dozens of beautiful park spaces

Take a stroll, read a book or enjoy a picnic in the fresh air.



Four splash pads

Kids and grown-ups alike can cool off and release some energy.



Four outdoor basketball courts

Getting a great workout is a slam dunk.



Outdoor Fitness Equipment at North Hill Park

Your outdoor gym to enjoy a rejuvenating (and free) workout.



Bolton skate park

Grab your wheels and show off your 180 or airwalk.



Beach volleyball courts at Dick's Dam Park

Invite your friends and spike your way to better health.
(Court availability subject to existing bookings)

For full details and locations where you can **#GoPlay** in Caledon, visit caledon.ca/JRPM