Registration Dates

Online Advance Resident Registration:
February 26, 2019

Non-Resident/In-Person/Phone:
March 5, 2019
DON'T MISS

Caledon Day
Caledon’s premier all ages event
caledon.ca/caledonday

Town Hall Campus
6311 Old Church Rd., Caledon East
Saturday, June 15, 2019
2 to 11 p.m.

CONNECTION OUR COMMUNITIES FOR 11 YEARS
FREE ADMISSION

CHEERS CALEDON!
CRAFT BEER & CIDER FESTIVAL
CADEON CIVIC CAMPUS
CADEON EAST
CHEERSCALEDONA.CA
FRIDAY JUNE 14 | 6PM-12AM

ADVANCE TICKETS
$20 INCLUDES TOKENS & DINNER CUP
GET ALL THE DETAILS AND ADVANCE TICKETS ONLINE!
CHEERSCALEDONA.CA
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For more information, please visit [caledon.ca/recreation](caledon.ca/recreation) or call 905.584.2272 x.7327
Thank you for picking up our 2019 Spring/Summer Recreation and Wellness Guide. We're proud of the rich variety of programs and activities we offer.

Community is about people. But it's also about providing the infrastructure needed to make our community a great place to live and work. As we grow we are preparing for the future by making key investments:

- The new Community Centre in Southfields
- The expansion of the Caledon Seniors Centre
- The next phase of the Caledon East Community Complex
- The new track and field at Humberview Secondary School, and
- The multi-purpose BMX and “pump” track in Alton.

We're also investing in active transportation. Last spring we were designated as a Bicycle Friendly Community because of our continued commitment to building and enhancing infrastructure such as trails, parks and bike lanes across Caledon.

We're continuing to explore and foster partnerships, both private and public, to expand programs and improve service delivery.

There is something for everyone in this guide, from fitness, arts and aquatics programs to social and wellness programs for all ages. And let's not forget our popular summer camps, which for 2019 will be better than ever.

Let's get out to explore and enjoy all that Caledon has to offer!

Allan Thompson
Mayor

All the best,
Ian Sinclair
Regional Councillor
Ward 1

Lynn Kiernan
Area Councillor
Ward 1

Johanna Downey
Regional Councillor
Ward 2

Christina Early
Area Councillor
Ward 2

Jennifer Innis
Regional Councillor
Ward 3 and 4

Nick deBoer
Area Councillor
Ward 3 and 4

Annette Groves
Regional Councillor
Ward 5

Tony Rosa
Area Councillor
Ward 5
3 ways to register for recreation programs

Our New Online Registration System

caledon.ca/register Program registration is as simple as the click of a mouse. It’s easy, fast and secure! Registration begins at 8 a.m. Please see page 5 on how to create your new account.

Note: All users must create a new account.

Telephone

905.584.2272 x. 7327 Phone registration begins at 8 a.m. Have your program registration codes and payment information ready. Payment must be made at the time of registration by Master Card or Visa. You may experience longer wait times on a registration date.

In-person

In-person registration begins at 8 a.m. at the following locations:
- Caledon Centre for Recreation & Wellness
- Caledon East Community Complex
- Mayfield Recreation Complex

Advance registration for Caledon residents starts February 26, 2019

Regular registration (phone, in-person, non-residents) begins March 5, 2019.

Visit caledon.ca/register to set up your account today!

Note: All users must create a new account.

Registration Dates

<table>
<thead>
<tr>
<th>Registration Method</th>
<th>Town of Caledon Residents</th>
<th>Non-Residents</th>
</tr>
</thead>
<tbody>
<tr>
<td>ONLINE</td>
<td>*February 26, 2019</td>
<td>March 5, 2019</td>
</tr>
<tr>
<td>In-Person / Phone</td>
<td>March 5, 2019</td>
<td>March 5, 2019</td>
</tr>
</tbody>
</table>

*Advance online registration open to Town of Caledon Residents ONLY
Our new online recreation registration system is here to serve you better!

Being active just got easier! We’re excited to announce that our new online recreation registration system is now live!

Experience
a more user friendly interface

Print your family’s activity calendar

Register for programs & purchase memberships

View daily drop-in activities

To register online all users must create a new account

Create an account at: caledon.ca/account

We appreciate your patience during this transition as we strive to bring you a better experience.

Scan this code on your device to go directly there
How to create your new account

STEP 1
• Visit caledon.ca/account
• Click on ‘Create an Account’

STEP 2
• Complete all fields with current information. The primary account owner must register first. Family members can be added once your account has been activated.
• Once all fields are completed, click the Submit button. *Important – An email will be sent to the email address provided, with your username and temporary password.

STEP 3
• After clicking the Submit button, you’ll be taken to your new online account.
• Click on the ‘Manage Login’ button at the top of the screen and enter your temporary password that was emailed to you, then enter your NEW password.
• Click on ‘Add Family Member’ to add additional members to your account.

How to register for programs online

• Select an Activity (ie. 1. Aquatics, 2. Camps)
• Select a Service (ie. Private Lessons, Music & Dance)
• Select a Course (ie. Hip Hop Dance, Art Adventures)
• Click ‘Register Here’

NEED HELP?
WE’RE JUST A PHONE CALL AWAY.
For more information, please visit caledon.ca/recreation to view our complete ‘How To Register’ Guide or call 905-584-2272 x. 7327
PROGRAM RATES
Program rates vary and are subject to change without notice. Registered program rates are listed without tax. Drop-in program rates include tax.

TOWN OF CALEDON RESERVES THE RIGHT TO CANCEL OR ALTER ANY CLASSES, DROP-IN ACTIVITIES, TIMES, COSTS OR LOCATIONS OUTLINED IN THIS GUIDE WITHOUT NOTICE IN THE EVENT OF LOW ENROLMENT OR CHANGE OF AVAILABILITY OF FACILITIES OR INSTRUCTOR. Full refunds will be issued for course cancellations.

NON-RESIDENT RATE
Non-residents will be charged an additional fee of 10% per program, per person. Non-resident fees for fitness memberships and facility rentals may vary.

AGE REQUIREMENTS
Children must be the minimum age required on the start date of the program (except Aquatic Leadership Programs). Age requirements are program specific and indicated throughout the guide.

PROGRAM CANCELLATIONS
There will be no registered programs scheduled on: April 19-21, 2019 (Easter Weekend), May 20, 2019 (Victoria Day), July 1, 2019 (Canada Day), August 5, 2019 (Civic Holiday).

The Town may cancel any program or registration at any time. In the event that a program is cancelled by the Town, every effort will be made to accommodate the participant in another program. If there are no other programs which are satisfactory to the participant, a full or prorated credit on the customer account will be provided. No administration fee will be charged.

All program cancellations will be processed as a credit on the customer account. A refund may be requested.

PROGRAM TRANSFERS
Program transfers will be permitted before the start of the third scheduled class, provided space is available.

MISSED CLASSES
In the event a participant is unable to attend a class(es), the Town regrets that a make-up class(es), refunds or credits will not be offered.

WAITLIST ETIQUETTE
Please consider the following when choosing to go onto a waitlist:
- Only waitlist once for each program, for each participant.
- Choose either to stay on the waitlist or register for the same program at a different time — but not both. By doing both, you limit the opportunity for another participant to enjoy our programs.

NON-SUFFICIENT FUNDS (NSF)
A $46.00 fee applies to all NSF payments. Payment for outstanding balances will be accepted by cash or credit card only.

FAMILY DISCOUNT
Families registering three or more children in the same session are eligible for a 20% family discount to the least expensive program for the third and any subsequent child (children must be siblings). Discounts may not be available for all programs.

The family discount option is not available on-line.

ADULT 55+
Adults fifty-five (55) years of age or older are entitled to a 20% discount on all adult registered programs (with the exception of Adult 55+ specific programs). Proof of age may be required at the time of registration. Material fees (if applicable) are not eligible for a discount.

MEDICATION
To ensure participants’ wellbeing, please make sure that our staff is aware of any severe allergies or medical conditions. It is strongly recommended that children take any necessary medication at home under the supervision of a parent/guardian. Participants that require medication during program hours will be required to complete additional forms. Please ensure that all medication is kept in its original container.

ADVERSE WEATHER - CLOSURES
Every effort will be made to ensure that all recreation facilities remain open during regular hours of operation, with programs and services to the public continuing to operate as normal. In the event of severe, adverse weather, please check with your local recreation centre or visit caledon.ca.

SUPPORT PERSONS
The Town of Caledon encourages and welcomes participants with disabilities or special needs. Admission fees may be waived for support persons accompanying a person with a disability. Support staff may be available for preschool and youth programs upon request; limited spots are available. For more information regarding support persons or inclusion opportunities, please contact 905.584.2272 x.4204 or email us at recreation@caledon.ca.

PHOTOGRAPHY & FILMING
Please note that to ensure the privacy of others, filming or photography is not permitted during registered programs and/or drop-in programming. Town staff may take photos for marketing purposes but will confirm permission in advance for those 17 years and younger.

ELECTRONIC DEVICES
In order to ensure the safety, comfort, and privacy of all patrons using our facilities, the use of electronic devices (e.g. cell phones, digital music players, portable video game consoles, etc) are not permitted in change rooms / washrooms due to the integration of cameras into these devices.

CREDITS ON CUSTOMER ACCOUNTS
Credits less than $50 will become the property of the Town after three years of inactivity.

Credits greater than $50 will become the property of the Town after three years of inactivity.

Customer Account Credits may be refunded upon request, subject to an administration fee.

REFUND POLICY - REGISTERED PROGRAMS

General Programs / Active Living Programs / Aquatics Programs
Withdrawal requests received before the course start date will receive a full credit on the customer account.

Withdrawal requests received on the course start date but before the third course date will receive a partial credit on the Customer Account based on the number of classes that have already taken place (regardless of the number of classes attended).

Withdrawals requested on, or after, the date of the third scheduled class will only be processed for medical reasons, when accompanied by a medical note.

Camp / Single-Day Workshops / First Aid / Leadership
Withdrawal requests submitted prior to the program start date will receive a full credit on account.

Withdrawals requested on or after the program start date will only be processed for medical reasons, when accompanied by a medical note.

Clients will receive a partial credit on the Customer Account based on the number of classes that have already taken place.

Refunds will be processed upon request and are subject to an administration fee.

For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327
### Community Assistance Programs

**Fee Applied Programs**

<table>
<thead>
<tr>
<th>Service</th>
<th>From</th>
<th>To</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>*Transportation Services</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rides from:</td>
<td></td>
<td>Rides to:</td>
<td>Fee:</td>
</tr>
<tr>
<td>Town of Caledon</td>
<td></td>
<td>Anywhere in Caledon</td>
<td>$4.00</td>
</tr>
<tr>
<td>Town of Caledon</td>
<td></td>
<td>Orangeville Shopping</td>
<td>$4.00</td>
</tr>
<tr>
<td>Town of Caledon</td>
<td></td>
<td>Orangeville Medical</td>
<td>$5.00</td>
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<tr>
<td>Town of Caledon</td>
<td></td>
<td>Mall Trips</td>
<td>$5.00</td>
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<tr>
<td>Town of Caledon</td>
<td></td>
<td>Medical: Brampton,</td>
<td>$10.00</td>
</tr>
<tr>
<td>Town of Caledon</td>
<td></td>
<td>Etobicoke, Woodbridge,</td>
<td></td>
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<tr>
<td>Town of Caledon</td>
<td></td>
<td>Georgetown, Newmarket</td>
<td></td>
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<tr>
<td>Town of Caledon</td>
<td></td>
<td>Medical: Mississauga</td>
<td>$20.00</td>
</tr>
<tr>
<td>Town of Caledon</td>
<td></td>
<td>Medical: Toronto</td>
<td>$30.00</td>
</tr>
</tbody>
</table>

| *Transitional Care Centre      | Call 905-584-2300 ext. 225 |
| $45.00 per night - individuals are billed a minimum 7 days at admission. Laundry services not included - $4.00 per load. |

| *Respite Care                  | Call 905-584-2300 ext. 225 |
| $50.00 registration fee. Caregiver fees vary. |

*Eligibility criteria applies

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**Giving Kids a Sporting Chance**

At Jumpstart we believe that every kid should have the chance to try a new sport or to continue with a favourite one, no kid should be left out.

If your family needs help, or you know one that does, visit jumpstart.canadiantire.ca or call 1-844-Yes-Play for more information.

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**Brampton Caledon Community Living**

Brampton Caledon Community Living, a long time supporter of the Town of Caledon, is committed to the full inclusion of children, youth and adults with disabilities in their community. For information please call 905-453-8841 or visit www.bramptoncaledoncl.ca

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**Peel Child Care Subsidy**

The Region of Peel provides financial help to eligible families with the cost of licensed child care for children up to 12 years of age. Eligibility is based on income level and reason for care. Licensed care is available in centre, school or home-based programs.

Visit us at peelregion.ca/children, or call us at 905-793-9200 to:
- check for licensed child care programs
- apply for a fee subsidy.

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For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327
Recreation Facilities and Amenities

Bolton Family Buildings

1 Albion Bolton Community Centre and Library Branch
   150 Queen Street South, Bolton
   - Ice surface, auditorium, three meeting rooms, program room, library and Caledon Parent Child Centre

2 Caledon Centre for Recreation & Wellness
   14111 Regional Road 50 North, Bolton
   - Fitness facility, youth lounge, youth centre, child-minding services, 30-foot indoor climbing wall, gymnasiu, program rooms, two meeting rooms, community rooms, two outdoor ice surfaces, community rooms, 25m pool, adult and family change rooms, two squash courts

3 Rotary Place
   7 Rotarian Way, Bolton
   - Two community rooms with kitchen

4 Palgrave Community Room
   200 Pine Avenue, Caledon
   - One community room with kitchen

905.584.2272 x.7322

Caledon East Family Buildings

5 Alton Community Room and Library Branch
   35 Station Street, Alton
   - Community room with kitchen and public library

6 Belfountain Community Hall and Library Lockers
   17204 Main Street, Belfountain
   - Community Room with kitchen
   - Library Lockers

7 Caledon East Community Complex
   6215 Old Church Road, Caledon East
   - Two ice surfaces, banquet hall, one community room, program rooms and conference room

8 Caledon Village Place and Library Branch
   18313 Hurontario Street, Caledon
   - Community room with kitchen and public library

9 Victoria Parks Community Centre
   35 Victoria Crescent, Mono Mills
   - Community room with kitchen

905.584.2272 x.7324

Mayfield Family Buildings

10 Cheltenham Community Centre
   14190 Creditview Road, Caledon
   - Community room with kitchen

11 Inglewood Community Centre and Library Branch
   15825 McLaughlin Road, Inglewood
   - Community room with kitchen and public library

12 Lloyd Wilson Centennial Arena
   15551 McLaughlin Road, Inglewood
   - Ice surface, party room

13 Margaret Dunn Valleywood Library Branch and Community Room
   20 Sneck Crest Drive, Caledon
   - Community room with kitchen and public library

14 Mayfield Recreation Complex
   12087 Bramalea Road, Caledon
   - Ice surface, 25m pool with diving boards, meeting room and family change room, conference room

15 Temporary Storefront in Southfields,
   12560 Kennedy Road, Caledon
   (Storefront face Kennedy Road)
   - Community Room

905.584.2272 x.7323

Please note the following facility closures

Good Friday (April 19, 2019)
Easter Sunday (April 21, 2019)
Victoria Day (May 20, 2019)
Canada Day (July 1, 2019)
Civic Holiday (August 5, 2019)

For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327
Outdoor Amenities

Park, Sport Field & Picnic Rentals

Caledon offers a number of parks, sports fields and picnic areas that can be rented for special occasions and events. For the full list of rentable amenities or for more booking information, please contact us at 905.584.2272 x.7327 or email: recreation@caledon.ca.

- **13** Picnic Areas, Soccer Fields, Picnic Shelters, Ball Diamonds
- **1** Artificial Turf and 8 Lane Track
- **46** Available Soccer Field Rentals
- **21** Available Ball Diamond Rentals
- **7** Available Sheltered Picnic Area Rentals

Trails / Conservations

Caledon has over 260 km of publicly accessible trails. There are options for people of all ages and abilities to enjoy outdoor recreation. Make the great outdoors a part of your active lifestyle. Listed below are trails and conservation areas in Caledon for you to discover. If you would like more information about the trails please visit: caledon.ca/trails

**Bruce Trail**
A hiking trail following the Niagara Escarpment from Niagara to Tobermory. Local clubs maintain the trail sections.

**Credit Valley Conservation**
Trails in Terra Cotta & Belfountain Conservation Areas. Also Upper Credit Conservation Area, Ken Whillans RMA (Resource Mgmt Area – has trails and lists trails as a facility to use).

**Elora-Cataract Trail**
Part of the Elora Cataract Trailway and "Part of The Great Trail". The Trail Link: on-road link that joins the Caledon Trailway to the Elora Cataract Trailway.

**Grand Valley Trail**
6 km of this trail is in Caledon, starting in Alton and going east to Lake Erie

**Humber Valley Heritage Trail**
A hiking trail from Bolton to Palgrave, along the scenic Humber River

**Oak Ridges Trail**
20 km of this trail is in Caledon, and it links with the Caledon Trailway just outside of Palgrave.

**Toronto & Region Conservation**
Trails in Albion Hills and Glen Haffy Conservation Areas and in the Palgrave Forest & Wildlife Area.

**The Great Trail by Trans Canada Trail**
Our National Trail

**Ontario Parks**
Forks of the Credit Provincial Park.

**The Greenbelt Route**
475 km cycling route from Northumberland to Niagara, including the Caledon Trailway.

**Etobicoke Creek Trail**
Multi-use recreational trail with sections in Mississauga, Brampton and Caledon.
Outdoor Amenities

Splash Pads

Caledon has a leash-free dog park! Located at 12889 Coleraine Drive in Bolton, the park is fully-fenced, with the upper section separated from the lower wetland area. Please observe the rules, posted at the park.

Leash-Free Dog Park

Operating season is weather-dependent; please visit caledon.ca for more information.

Adam Wallace Memorial Park Splash Pad
128 Cedargrove Road
**Hours:** 10 a.m. - 8 p.m.
Small accessible splash pad with washrooms, seating, shade structure, adjacent playground and a full basketball court.

Dennison Park Splash Pad
70 Learmont Avenue
**Hours:** 10 a.m. - 8 p.m.
Accessible splash pad with shade structure and seasonal portalet.

Caledon East Park Splash Pad
6125 Old Church Road
**Hours:** 10 a.m. - 8 p.m.
Our newest splash pad is over 250 sq.m. with two activators to set off 26 different features and a variety of sprays.

Ernest Biason Memorial Splash Pad
125 Pembroke Street
**Hours:** 10 a.m. - 8 p.m.
Large splash pad in R.J.A Potts Memorial Park with adjacent washrooms, playground, small shade structure and seating.

For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327
Did you know?
Town facilities are available to rent

We have well-priced rental options that can accommodate your private and corporate needs: Birthday parties, weddings, meetings, family reunions, sporting activities, anniversaries. If you are looking for a specific venue or are interested in renting a facility, please contact us at 905.584.2272 x.7327 or email: recreation@caledon.ca.

facilities.caledon.ca
A Sweet Treat - Decorating Party
6 – 14 years up to 20 participants
Starting at $250.00
Celebrate the future chefs, bakers, and other culinary artists in your family with this yummy cake decorating party! This party package includes everything needed to decorate cupcakes and a mini cake per person.

Birthday Buddies - Preschool Party
1 – 6 years up to 20 participants
Starting at $180.00
Celebrate your little one's birthday in the preschool room! The room is full of adventure and stations to explore for all interests! Cook up a storm in the play kitchen, or work with tools in the workshop, or even have fun in the dress up station! This party package will keep little ones busy for hours!

Let's Celebrate! Youth Centre Party
1 – 14 years up to 80 guests
Starting at $250.00
If you are looking for something fun and exciting to do then the youth centre is the place for you. Enjoy a wide variety of amenities bound to keep party guests entertained and active: billiards table, ping pong, foosball, air hockey, skeeball, preschool equipment, mini basketball net, ride on toys and more.

Make a Splash! Pool Party
All ages up to 30 participants
Starting at $350.00*
This is a perfect party for kids who prefer to play in the water! Enjoy exclusive use of the pool, including equipment and amenities for a full hour of fun followed by an unsupervised hour in a program room to enjoy your favourite party traditions. Pool guidelines and Admission Standards apply.

Super Skateboarding
6 – 14 years up to 24 participants
Starting at $300.00
Ready, set, SK8! Whether the kids are new to this sport or experienced skaters, participants will have the opportunity to ride the half pipe and ramps on their skateboard or scooter. Private use will ensure the safety of each guest. Skateboards/scooters and helmets are not provided. Additional use of the youth centre amenities are also included.

You're a Super Star Dance Party
3 – 5 years up to 12 participants
6 – 12 years up to 24 participants
Starting at $180.00
This party is perfect for dance-loving kids! While creating their very own routine, kids will have fun with music and movement. Together they will showcase their talents at the end of the party. Guests are welcome to bring their favourite music to move and groove to.

The Caledon Cup - Sports Party
6 – 14 years up to 24 participants
Starting at $250 (half) $350.00 (full)
This party is sure to be a huge hit with all sports enthusiasts. Receive exclusive use of the gym with a variety of team sports equipment, including: basketball, floor hockey, soccer, volleyball, badminton or other group games. Clean indoor shoes and additional equipment for floor hockey is required (helmet with cage).

The Gravity Game - Rock Climbing Party
4 – 10 years up to 24 participants
on the youth centre rockwall or
11 – 14 years up to 12 participants
on the lobby rockwall.
Starting at $300.00
Try your hand at the gravity game and climb your way to the top. This physically active party package provides a great opportunity to challenge participants of all skill levels and abilities. Choose between our 15 foot youth centre wall or 30 foot lobby wall, as well as additional use of the youth centre amenities. Harness and helmets will be provided. Indoor shoes are required.

Celebrate your next birthday or special event with us! Caledon Recreation offers a variety of party packages available to suit your needs. Let us create, organize and facilitate your event. Each party will be scheduled for two hours. For the first hour of the party, two of our instructors will provide a fun and exciting program with all of the equipment necessary for your specific theme. For the second hour, you are welcome to bring in your favourite party food and treats. Our staff will remain for the entire duration of the event to help if needed.

BOOK NOW
905.584.2272 x.7327

Legend
- Caledon Centre for Recreation & Wellness
- Caledon East Community Complex

*Additional fees may apply
FAMILY & HOLIDAY FUN

AWESOME ASTRONOMY
This family workshop will explore the wonders of the sky above. Families will enjoy exploring stars, constellations, planets and the moon through crafts, stories, and the use of solar telescopes. Please dress for the weather as activities will be outdoors. Children of all ages must be accompanied by an adult. Each participant must be registered.
6 Years +
PALGRAVE PARK PICNIC SHELTER
May 17 Fri 8:30pm-10:00pm $5.00 1 1213

CREATE A KITE
Working together, families will build their own one of a kind kite. At the end of the workshop, families will all head outside to see their kites rise in the sky. Children of all ages must be accompanied by an adult. Each participant must be registered.
5 Years +
CALEDON CENTRE FOR RECREATION & WELLNESS
Jun 22 Sat 10:30am-12:00pm $5.00 1 1869

FANTASTIC FATHERS
Its Dad’s day to shine! This family workshop will have Dad making a craft, playing games and participating in great activities. Together you will build memories and share in special moments with your children. Children of all ages must be accompanied by an adult. Each participant must be registered.
2 Years +
CALEDON CENTRE FOR RECREATION & WELLNESS
Jun 09 Sun 1:00pm-2:30pm $5.00 1 2305

MARVELOUS MOTHERS
Join us as we celebrate everything kind and wonderful about our moms. Together parents and children will create a craft especially for Mom. There will be games, activities and treats where Mom is the center of attention. This is a great opportunity to spend some quality time together. Children of all ages must be accompanied by an adult. Each participant must be registered.
2 Years +
CALEDON CENTRE FOR RECREATION & WELLNESS
May 05 Sun 1:00pm-2:30pm $5.00 1 2306

HOLiDAY FUN

EASTER CRAFTY KIDS
Participants are asked to bring their imagination and creativity as they will have a chance to create fun crafts celebrating spring, sunshine, and happiness.
6 - 10 Years
CALEDON CENTRE FOR RECREATION & WELLNESS
Apr 14 Sun 10:30am-12:00pm $5.00 1 1852

HIPPITY HOP
Join us for this wonderful celebration of everything spring! Together you and your family will share laughter and build memories when you play games and create a take home craft. There will also be an Easter Egg Hunt and special surprise visit. Children of all ages must be accompanied by an adult. Each participant must be registered.
2 Years +
CALEDON CENTRE FOR RECREATION & WELLNESS
Apr 20 Sat 10:30am-12:00pm $5.00 1 1817

MARGARET DUNN VALLEYWOOD LIBRARY
Apr 06 Sat 10:30am-12:00pm $5.00 1 1539
Apr 06 Sat 1:00pm-2:30pm $5.00 1 1542

LISTINGS LEGEND
Date  Day  Time  Cost  #Sessions  Code
Mar 31 - Jun 16 Wed. 6:00pm-7:00pm $110.00 10 1895
- Date , Day and Time identify when the course begins.
- Cost is the price of the program.
- No. indicates how many classes are part of the course.
- Code is needed for registering.
PA DAYS

PA DAY CAMP
PA Day camp provides an environment that encourages socialization, game play and the opportunity to explore a variety of fun and exciting activities. Campers will have the opportunity to participate in; large group games, outdoor activities, basic sports, arts and crafts, gymnasium games, and rock climbing (activities are dependent on location and weather).
4 - 12 Years
CALEDON CENTRE FOR RECREATION & WELLNESS

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Price</th>
<th>Quantity</th>
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<td>9:00am-4:00pm</td>
<td>$40.00</td>
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<td>1738</td>
</tr>
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</table>

3D MODELLING & PRINTING WORKSHOP
In partnership with Kids Great Minds, participants will be introduced into the basics of 3D Design. Children will sculpt and render a small 3D creation, in preparation for actual 3D printing. Your 3D creation will be sent home at the end of this workshop.
8 - 12 Years
CALEDON EAST COMMUNITY COMPLEX

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Price</th>
<th>Quantity</th>
<th>Notes</th>
</tr>
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<tbody>
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<td>Apr 12</td>
<td>Fri</td>
<td>9:00am-4:00pm</td>
<td>$93.00</td>
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EXTENDED CARE - PA DAY CAMP
Extended Day Care will be offered for Camps 8:00-9:00am and 4:00-6:00pm

EXTENDED CARE AM
4 - 12 Years
CALEDON CENTRE FOR RECREATION & WELLNESS

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
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<th>Notes</th>
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<td>8:00am-9:00am</td>
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EXTENDED CARE PM
4 - 12 Years
CALEDON CENTRE FOR RECREATION & WELLNESS

<table>
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<th>Time</th>
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<td>4:00pm-6:00pm</td>
<td>$3.20</td>
<td>1</td>
<td>1642</td>
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</table>

YOUTH CENTRE & YOUTH LOUNGE
GYMNASIUM - BASKETBALL
7:45 PM - 9:15 PM
Drop in for a fun night of activities, time to chat or to just hang out! Snacks and drinks available for purchase.
• Rock Climbing
• Skateboarding
• Foosball
• Air Hockey
• Billiards
• Ping Pong
• Gaming Stations
• Skeeball

CLICK HERE FOR CALEDON SUMMER CAMP INFORMATION

For more information, please visit www.caledon.ca/recreation or call 905.584.2272 x.7327
General Interest Programs

General Interest Programs

ACTIVE PLAY

BABYNASTIX
In partnership with Monkeynastix®, this program focuses on developing children's fundamental movement skills. Each class will begin with a fun warm up song and stretching followed by a circuit with particular themes such as balance, jumping, etc. Children then participate in a fine motor activity and/or manipulative skill development such as throwing, kicking and catching.

1 - 2 Years

CALEDON EAST COMMUNITY COMPLEX
Mar 27 - May 29 Wed 9:30 - 10:15am $160.00 10 1623
Mar 30 - Jun 22 Sat 9:30 - 10:15am $160.00 10 1626

TEMPORARY STOREFRONT IN SOUTHFIELDS
Mar 26 - May 28 Tue 9:30 - 10:15am $160.00 10 1473
Mar 31 - Jun 16 Sun 9:30 - 10:15am $160.00 10 1474

ENERGY BLASTERS
Tucker your little one out during a fun filled hour of energizing group games, activities, and physical play.

3 - 5 Years

CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 27-Jun 12 Wed 6:30pm-7:30pm $114.00 12 1824
Mar 30-Jun 15 Sat 9:30am-10:30am $104.50 11 1825

LISTINGS LEGEND

- Date, Day and Time identify when the course begins.
- Cost is the price of the program.
- No. indicates how many classes are part of the course.
- Code is needed for registering.

GYM KIDS
Through the use of specific equipment participants will explore new ways to jump on and off equipment, balance on one foot, and roll across the floor. This program will introduce your child to the next steps, poses, jumps and tumbles of a gymnastics program.

4 - 5 Years

CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 31-Jun 16 Wed 6:00pm-7:00pm $110.00 10 1895

LEARN TO ROCK CLIMB
This physically active program welcomes participants to the world of rock climbing through rock wall safety, climbing techniques and body awareness. Participants will also engage in individual and group climbing challenges.

CALEDON CENTRE FOR RECREATION & WELLNESS

4 - 5 Years
Mar 26-Jun 11 Tue 6:00pm-7:00pm $114.00 12 1691

6 - 8 Years
Mar 26-Jun 11 Tue 7:00pm-8:00pm $114.00 12 1723

9 - 13 Years
Mar 26-Jun 11 Tue 8:00pm-9:00pm $114.00 12 1724

For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327
LET’S RUN FOR FUN
This energetic program aims to educate participants about the importance of leading a physically active and healthy lifestyle while giving them an opportunity to learn through running and play. It doesn’t matter if you’ve run before or can’t run very far, this program is about having fun, playing games and moving together.

CALEDON CENTRE FOR RECREATION & WELLNESS
6 - 8 Years
Mar 28-Jun 13 Thu 5:30pm-6:30pm $114.00 12 1725
9 - 11 Years
Mar 28-Jun 13 Thu 5:30pm-6:30pm $114.00 12 1727

MINI GYM
With a parent or caregiver, participants will engage in a variety of gross-motor skills using different equipment. This program is a great way to introduce your child to the steps, jumps and tumbles of a gymnastics program.

CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 27-Jun 12 Wed 9:30am-10:30am $114.00 12 1848
Mar 30-Jun 15 Sat 9:15am-10:15am $104.50 11 1690
Mar 31-Jun 16 Sun 9:00am-10:00am $104.50 11 1689

MINI GYM 2
Through the use of basic equipment, participants will explore how to jump, twist, balance and roll. This program will introduce your child to the steps, poses, jumps and tumbles of a gymnastics program.

CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 30-Jun 15 Sat 10:30am-11:30am $104.50 11 1679

PLAY, JUMP & DANCE
This dynamic program focuses on physical activity through group games that incorporate dancing, running, jumping, and balancing.

CALEDON VILLAGE PLACE
Mar 29-Jun 14 Fri 10:00am-11:00am $95.00 10 1645

PLAYFUL PRESCHOOLERS
In partnership with Monkeynastix®, each class begins with a warm up which includes a fun energetic Monkeynastix® song, stretching positions, and locomotion. Children then participate in a main activity circuit with substations focusing on a particular theme such as balance, strength, floor skills, cardio, speed and agility, etc. Participants are also introduced to other fundamental skills such as kicking, catching and throwing in a fun active environment.

CALEDON EAST COMMUNITY COMPLEX
Mar 30-Jun 22 Sat 11:00am-11:45am $160.00 10 1652

TUMBLING TODDLERS
In partnership with Monkeynastix®, class will begin with a fun Monkeynastix® song, stretching positions, and locomotion. Children then participate in a circuit featuring a main activity with complementary substations focusing on a particular theme such as balance, strength, floor skills, cardio, speed and agility, etc. Participants will also be introduced to other fundamental skills such as kicking, catching and throwing in a free play activity.

CALEDON EAST COMMUNITY COMPLEX
Mar 27-May 29 Wed 10:15am-11:00am $160.00 10 1655
Mar 30-Jun 22 Sat 10:15am-11:00am $160.00 10 1656

TEMPORARY STOREFRONT IN SOUTHFIELDS
Mar 26-May 28 Tue 10:30am-11:15am $160.00 10 1504
Mar 31-Jun 16 Sun 10:30am-11:15am $160.00 10 1506

AFTER SCHOOL ACTIVITY
ALTON AFTERT SCHOOL ACTIVITY PROGRAM
This after school program is designed to promote healthy lifestyles and physical activity through group games, traditional sports, and social play. Parents are encouraged to pack additional drinks and snacks. This program will not run on PA Days and school cancellations due to events or inclement weather.

ALTON PUBLIC SCHOOL
Apr 16-Jun 25 Tue 2:50pm-5:30pm $56.98 11 2313
Apr 18-Jun 27 Thu 2:50pm-5:30pm $56.98 11 2314

GENERAL INTEREST PROGRAMS
### General Interest Programs

#### ARTS AND CRAFTS

**ART ADVENTURES**

Participants will expand their artistic world through a variety of art forms including mosaics, painting, and clay. Participants will explore their creativity and can share it with family and friends when they take home their creations.

**CALEDON CENTRE FOR RECREATION & WELLNESS**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Cost</th>
<th>Participants</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 - 5 Years</td>
<td>Mar 28-Jun 13</td>
<td>Thu</td>
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<tr>
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<td>Mar 28-Jun 13</td>
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<td>9 - 11 Years</td>
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**CALEDON VILLAGE PLACE**

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<th>Time</th>
<th>Cost</th>
<th>Participants</th>
<th>Code</th>
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<tbody>
<tr>
<td>6 - 12 Years</td>
<td>Mar 30-Jun 01</td>
<td>Sat</td>
<td>10:30am-11:30am</td>
<td>$85.50</td>
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<td>1600</td>
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#### COOKING & BAKING

**BAKER’S DOZEN**

An introduction to baking with an emphasis on kitchen safety, basic decorating techniques and following recipes. Participants will be hands on in the kitchen and will bring treats they create home to share. *This is a nut aware program.*

**CALEDON CENTRE FOR RECREATION & WELLNESS**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Cost</th>
<th>Participants</th>
<th>Code</th>
</tr>
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<tbody>
<tr>
<td>6 - 8 Years</td>
<td>Mar 30-Jun 15</td>
<td>Sat</td>
<td>10:30am-12:00pm</td>
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<tr>
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<td>Mon</td>
<td>6:30pm-8:00pm</td>
<td>$156.75</td>
<td>11</td>
<td>1581</td>
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</table>

**BAKER’S DOZEN WORKSHOPS**

Participants will have fun decorating seasonally themed treats. *This is a nut aware program.*

**CALEDON EAST COMMUNITY COMPLEX**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
<th>Participants</th>
<th>Code</th>
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<tbody>
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<td>10:30am-12:00pm</td>
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**MARGARET DUNN VALLEYWOOD LIBRARY**

<table>
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<tr>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
<th>Participants</th>
<th>Code</th>
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<tbody>
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<td>10:30am-12:00pm</td>
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**SUPER HERO TREATS**

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<th>Time</th>
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<th>Participants</th>
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<td>10:30am-12:00pm</td>
<td>$20.00</td>
<td>1</td>
<td>1527</td>
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</table>

#### JUNIOR CHEF

Participants will explore and learn to understand food through its flavours, textures, aroma and look. This program aims to expand taste buds, gain kitchen confidence, enforce kitchen safety and promote good food choices. *This is a nut aware program.*

**CALEDON CENTRE FOR RECREATION & WELLNESS**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Cost</th>
<th>Participants</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 - 8 Years</td>
<td>Mar 28-Jun 13</td>
<td>Thu</td>
<td>6:00pm-7:30pm</td>
<td>$171.00</td>
<td>12</td>
<td>1686</td>
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<td>9 - 11 Years</td>
<td>Mar 27-Jun 12</td>
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<tr>
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**CALEDON VILLAGE PLACE**

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<th>Days</th>
<th>Time</th>
<th>Cost</th>
<th>Participants</th>
<th>Code</th>
</tr>
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<tbody>
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<td>6 - 12 Years</td>
<td>Mar 30-Jun 01</td>
<td>Sat</td>
<td>10:30am-11:30am</td>
<td>$85.50</td>
<td>9</td>
<td>1600</td>
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#### EDUCATIONAL

**ABC’S AND 123’S**

This recreational program will introduce participants to letters and numbers through an active play environment. Participants will be encouraged to practice writing their letters and numbers, while also being able to visually recognize them and the use of physical activity to demonstrate their understanding. This program is an excellent complement to full-day learning.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Cost</th>
<th>Participants</th>
<th>Code</th>
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<td>5:30pm-6:15pm</td>
<td>$85.56</td>
<td>12</td>
<td>1514</td>
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**ADVENTURE IN INTERACTIVE PROGRAMMING**

In partnership with Kids Great Minds, MaKey MaKey is a fun and interactive new way to create and enjoy your own games. Participants will work in partners to design, program and implement; video games, interactive musical instruments, their own unique game controllers, and so much more, using both MaKey MaKey and common household items (i.e. fruit, plants, play-doh, pasta, etc.).

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Cost</th>
<th>Participants</th>
<th>Code</th>
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<td>5:30pm-7:00pm</td>
<td>$150.00</td>
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**CARTOON COMPUTER ANIMATION**

In partnership with Kids Great Minds, spend the day unleashing your imagination by creating your own short animated cartoon movie. You will be guided step by step in a computerized environment, as you create and watch your cartoon come to life. At the end of the program, children will be sent their animated movies.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Cost</th>
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<td>$47.90</td>
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### General Interest Programs

**FUN WITH WORDS**

This recreational program will introduce participants to basic words through an active play environment. Participants will work on repetition, rhyming and word play to enhance their confidence and understanding. This program is an excellent complement to full-day learning.

5 - 7 Years  
**CALEDON EAST COMMUNITY COMPLEX**  
Mar 28-Jun 13 Thu 6:15pm-7:00pm $85.56 12 3351

**INTERACTIVE VIDEO GAME CREATION**

In partnership with Kids Great Minds, this intelligent screen time workshop is an excellent opportunity for kids to be introduced to the basics of computer programming and video game creation in a fun, simple, direct, and intuitive manner. At the end of the workshop, participants will be sent their games.

8 - 12 Years  
**MAYFIELD RECREATION COMPLEX**  
May 05 Sun 12:30pm-7:30pm $47.90 1 1198

**IPAD© GAME CREATION**

In partnership with Kids Great Minds, this intelligent screen time program is an excellent opportunity for kids to be introduced to the basics of video game programming and creation on the iPad in a fun, simple, direct, and intuitive manner. Note: An Apple tablet is required for this workshop.

9 - 13 Years  
**CALEDON EAST COMMUNITY COMPLEX**  
Apr 25-May 23 Thu 7:00pm-8:30pm $150.00 5 1540

**MINECRAFT© ADVENTURES**

In partnership with Kids Great Minds, participants will enjoy playing and building in Minecraft© while learning new tricks and making new friends. Kids will discover the underlying mechanics of the game and learn new logic and problem solving skills, giving them an opportunity to create bigger and better versions of their inventions in the World of Minecraft©.

7 - 12 Years  
**CALEDON EAST COMMUNITY COMPLEX**  
Jun 10 Mon 9:00am-4:00pm $93.00 1 1543

**WACKY SCIENCE**

Participants will have an opportunity to try a variety of experiments in a small group setting and allow them to share ideas while enhancing their socialization skills. Various science stations will allow participants to add, measure, mix, observe and be amazed!

4 - 5 Years  
**CALEDON CENTRE FOR RECREATION & WELLNESS**  
Mar 26-Jun 11 Tue 5:30pm-6:30pm $114.00 12 1674

**ACRO**

Acro is a unique dance style that incorporates both dance techniques and acrobatics. Participants will be taught new techniques each week and will build a routine to present to family and friends during the last scheduled class.

**CALEDON CENTRE FOR RECREATION & WELLNESS**  
Beginner  
Mar 31-Jun 16 Sun 12:15pm-1:45pm $240.00 11 1515  
Advanced  
Mar 31-Jun 16 Sun 2:00pm-3:30pm $240.00 11 1519

For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327
General Interest Programs

BELLY DANCE
Belly dance focuses on building self-confidence, improving body awareness and increasing fitness levels. Participants are asked to wear fitted clothing and bring a scarf to tie around the waist.

14 Years +

MAYFIELD RECREATION COMPLEX
Mar 26-Jun 04 Tue 7:15pm-8:15pm $120.00 10 1115

MARGARET DUNN VALLEYWOOD LIBRARY
Jul 02-Aug 27 Tue 8:00pm-9:00pm $108.00 9 1214

BOLLYWOOD DANCE
As an introduction to Bollywood Dance, this program allows participants to use music and movement to develop flexibility, coordination, balance and self confidence in a group environment. Dance styles may include: Bollywood, Indian folk fusion, Bhangra and Rajasthani.

8-12 Years

CALEDON EAST COMMUNITY COMPLEX
Mar 28-Jun 13 Thu 5:45pm-6:45pm $114.00 12 1517

TEMPORARY STOREFRONT IN SOUTHFIELDS
5-7 Years
Mar 31-Jun 16 Sun 1:00pm-2:00pm $104.50 11 1507

8-12 Years
Mar 31-Jun 16 Sun 2:15pm-3:15pm $104.50 11 1508

13-16 Years
Mar 31-Jun 16 Sun 3:30pm-4:30pm $104.50 11 1509

GUITAR LESSONS (PRIVATE)
This beginner course will introduce participants to the basics of playing guitar and music theory. Lessons are one-to-one with an experienced guitar teacher. Participants are required to bring their own acoustic guitar. Lesson manual is an extra fee and required for this course.

6 Years +

CALEDON EAST COMMUNITY COMPLEX
Mar 25-Jun 17 Mon 5:00pm-5:30pm $216.00 11 1520
Mar 25-Jun 17 Mon 5:30pm-6:00pm $216.00 11 1521
Mar 25-Jun 17 Mon 6:00pm-6:30pm $216.00 11 1522
Mar 25-Jun 17 Mon 6:30pm-7:00pm $216.00 11 1523
Mar 25-Jun 17 Mon 7:00pm-7:30pm $216.00 11 1524
Mar 25-Jun 17 Mon 7:30pm-8:00pm $216.00 11 1526
Mar 25-Jun 17 Mon 8:00pm-8:30pm $216.00 11 1528
Mar 25-Jun 17 Mon 8:30pm-9:00pm $216.00 11 1529

HAWAIIAN DANCE
Participants will stay active and have fun learning one of the most beautiful dances in the world, Hula. This Polynesian dance is an art form that incorporates hand, hip, and footwork. To increase cardio, the faster Tahitian dance will also be introduced. Please wear a sarong to class.

14 Years +

MAYFIELD RECREATION COMPLEX
Mar 26-Jun 04 Tue 8:15pm-9:15pm $120.00 10 1137

HIP HOP DANCE
A great introduction to Hip Hop Dance where participants will learn to listen to the music, add actions and put moves into a routine using an eight count beat. Participants will be taught new techniques each week and will build a routine to present to family and friends during the last scheduled class.

CALEDON CENTRE FOR RECREATION & WELLNESS
6 - 8 Years
Mar 26 - Jun 11 Tue 6:30pm-7:30pm $114.00 12 1664
9 - 11 Years
Mar 26-Jun 11 Tue 7:30pm-8:30pm $114.00 12 1667
Mar 27-Jun 12 Wed 5:30pm-6:30pm $114.00 12 1677
9 - 12 Years

CALEDON EAST COMMUNITY COMPLEX
Mar 28-Jun 13 Thu 6:00pm-7:00pm $114.00 12 1612

JAZZ IT UP DANCE
An introduction to basic jazz moves and techniques. Participants are asked to wear jazz shoes, ballet slippers or a flexible shoe. Participants can wear a leotard or comfortable workout wear. A presentation will be held for family and friends during the last class.

6 - 8 Years

CALEDON EAST COMMUNITY COMPLEX
Mar 26-Jun 11 Tue 6:00pm-7:00pm $114.00 12 1862

CALEDON VILLAGE PLACE
Mar 27-Jun 12 Wed 5:30pm-6:30pm $114.00 12 2029

KINDERBALLET
Participants will learn about the five classic ballet positions, increase flexibility, coordination, balance and self-confidence. Participants will be taught new techniques each week and will build a routine to present to family and friends during the last scheduled class.

4 - 5 Years

CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 26-Jun 11 Tue 5:30pm-6:15pm $85.56 12 1832

TEMPORARY STOREFRONT IN SOUTHFIELDS
Mar 30-Jun 15 Sat 11:00am-11:45am $78.43 11 1477
KINDERDANCE 1
As an introduction to dance, this program allows participants to use music and movement to help develop coordination, balance and self-confidence in a fun group environment. Participants will be taught new techniques each week and will build a routine to present to family and friends during the last scheduled class.

3 - 4 Years

**CALEDON CENTRE FOR RECREATION & WELLNESS**
Mar 25-Jun 10 Mon 5:30pm-6:15pm $78.43 11 1834
Mar 28-Jun 13 Thu 5:30pm-6:15pm $85.56 12 1835
Mar 30-Jun 15 Sat 9:00am-9:45am $78.43 11 1836

**CALEDON EAST COMMUNITY COMPLEX**
Mar 27-Jun 12 Wed 6:00pm-6:45pm $85.56 12 1640
Mar 30-Jun 08 Sat 9:00am-9:45am $71.30 10 1643

**TEMPORARY STOREFRONT IN SOUTHFIELDS**
Mar 30-Jun 15 Sat 9:00am-9:45am $78.43 11 1480

KINDERDANCE 2
This program encourages participants to further develop coordination, balance and self-confidence learned in Kinderdance, while also learning dance positions, jumps and across the floor movements. Participants will be taught new techniques each week and will build a routine to present to family and friends during the last scheduled class.

3 - 4 Years

**CALEDON CENTRE FOR RECREATION & WELLNESS**
Mar 25-Jun 10 Mon 6:30pm-7:15pm $78.43 11 1840
Mar 28-Jun 13 Thu 6:30pm-7:15pm $85.56 12 1843
Mar 30-Jun 15 Sat 10:00am-10:45am $78.43 11 1845

**CALEDON EAST COMMUNITY COMPLEX**
Mar 30-Jun 08 Sat 9:45am-10:30am $71.30 10 1650

**TEMPORARY STOREFRONT IN SOUTHFIELDS**
Mar 30-Jun 15 Sat 10:00am-10:45am $78.43 11 1481

PIANO LESSONS
This beginner course will introduce participants to the basics of piano instruction and music theory. Lessons are one-to-one with an experienced piano teacher. Lesson manual is an extra fee and is required for this course.

6 - 14 Years

**CALEDON EAST COMMUNITY COMPLEX**
Mar 25-Jun 10 Mon 5:00pm-5:30pm $198.00 10 1555
Mar 25-Jun 10 Mon 5:30pm-6:00pm $198.00 10 1559
Mar 25-Jun 10 Mon 6:00pm-6:30pm $198.00 10 1560
Mar 25-Jun 10 Mon 6:30pm-7:00pm $198.00 10 1565
Mar 25-Jun 10 Mon 7:00pm-7:30pm $198.00 10 1566
Mar 25-Jun 10 Mon 7:30pm-8:00pm $198.00 10 1567
Mar 25-Jun 10 Mon 8:00pm-8:30pm $198.00 10 1568
Mar 26-Jun 11 Tue 5:00pm-5:30pm $216.00 12 1570
Mar 26-Jun 11 Tue 5:30pm-6:00pm $216.00 12 1572

UKULELE LESSONS
The ukulele is an affordable instrument that is simple to learn and a great introduction to the world of music. Participants can actually hear their progress after just a class or two, which propels them to learn more. This beginner course will introduce participants to the basics of ukulele through group play and song.

**CALEDON EAST COMMUNITY COMPLEX**
6 - 11 Years
Mar 27-Jun 12 Wed 6:00pm-6:30pm $114.00 12 1613
12 - 17 Years
Mar 27-Jun 12 Wed 6:30pm-7:00pm $114.00 12 1611
18 Years +
Mar 27-Jun 12 Wed 7:00pm-7:30pm $135.00 12 1513

WIGGLE, GIGGLE & MOVE (PARENT & TOT DANCE)
Fun games, songs and dance will help participants develop their socialization, coordination and motor skills. This program is a great opportunity for parents/caregivers and little ones to meet new friends.*Parent/caregiver participation is integral to this class as they will gradually transition out of the room when their child becomes comfortable on their own.

2.5 - 3.5 Years

**CALEDON CENTRE FOR RECREATION & WELLNESS**
Mar 30-Jun 15 Sat 11:00am-12:00pm $104.50 11 1673
General Interest Programs

SOCIAL

FRIENDS AT PLAY
This program assists preschoolers in the growth of social, cognitive and motor skills through a developmentally appropriate curriculum and stimulating activities, which will help your child get ready for school. Our experienced instructors plan weekly themes with arts, crafts, songs and special events for your child’s enjoyment. Independence is encouraged through a variety of positive experiences. Children must be toilet trained. Orientation dates at Albion Bolton Community Centre on Tue, Mar 19 10:00-11:00 a.m. and Thur, Mar 21 12:30-1:30 p.m.

2 - 5 Years

ALBION BOLTON COMMUNITY CENTRE
Mar 25-Jun 24 Mon 9:00am-11:30am $191.75 13 1459
Mar 25-Jun 24 Mon 12:30pm-3:00pm $191.75 13 1458
Mar 26-Jun 25 Tue 9:00am-11:30am $206.50 14 1457
Mar 26-Jun 25 Tue 12:30pm-3:00pm $206.50 14 1456
Mar 27-Jun 26 Wed 9:00am-11:30am $206.50 14 1455
Mar 27-Jun 26 Wed 12:30pm-3:00pm $206.50 14 1454
Mar 28-Jun 27 Thu 9:00am-11:30am $206.50 14 1453
Mar 28-Jun 27 Thu 12:30pm-3:00pm $206.50 14 1452
Mar 29-Jun 28 Fri 9:00am-11:30am $206.50 14 1451
Mar 29-Jun 28 Fri 12:30pm-3:00pm $191.75 13 1450

CALEDON EAST COMMUNITY COMPLEX
Mar 25-Jun 17 Mon 9:30am-12:00pm $177.00 12 1632
Mar 26-Jun 11 Tue 9:30am-12:00pm $177.00 12 1634
Mar 27-Jun 12 Wed 9:30am-12:00pm $177.00 12 1636

PARENTS’ NIGHT OUT!
Participants will take part in group activities such as crafts, songs, games and athletics while parents/caregivers enjoy a great night out on their own. Participants are asked to dress in comfortable play clothes and clean indoor footwear. Feel free to pack pij’s and our staff will make sure participants are ready for bed when parents/caregivers pick them up. Please pack a drink and peanut/nut aware snacks.

4 - 11 Years

CALEDON CENTRE FOR RECREATION & WELLNESS
Apr 12 Fri 6:00pm-10:00pm $20.00 1 1745
May 10 Fri 6:00pm-10:00pm $20.00 1 1747
Jun 14 Fri 6:00pm-10:00pm $20.00 1 1752

PLAYTIME PALS
Together participants and parents/caregivers will experience the fun of learning through play and socialization. Through interaction with special themes, music, toys, arts and crafts participants will enjoy everything this program has to offer.

1 - 2 Years

ALBION BOLTON COMMUNITY CENTRE
Mar 26-Jun 11 Tue 9:30am-10:30am $114.00 12 1463
Mar 30-Jun 15 Sat 8:30am-9:30am $104.50 11 1462

SPORT

READY, SET, GO
This program is designed to build independence and confidence in preschool children. Participants and parents/caregivers will begin the program together and participate in free play, arts and crafts, singing, creative and sensory activities. *Parent/caregiver participation is integral to this class as they will gradually transition out of the room when their child becomes comfortable on their own.

2 - 3 Years

ALBION BOLTON COMMUNITY CENTRE
Mar 28-Jun 13 Thu 9:30am-10:30am $114.00 12 1461
Mar 30-Jun 15 Sat 10:30am-11:30am $104.50 11 1460

2.5 - 3.5 Years

CALEDON EAST COMMUNITY COMPLEX
Mar 29-Jun 14 Fri 9:30am-10:30am $104.50 11 1654

BADMINTON SKILLS & DRILLS
This progression-based program focuses on developing badminton skills in a non-competitive environment. Drills will be geared to all skill levels and will be incorporated into game play at the end of each class.

9 - 11 Years

CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 25-Jun 10 Mon 5:30pm-6:30pm $104.50 11 1563

BASKETBALL SKILLS & DRILLS
This progression-based program focuses on developing basketball skills in a non-competitive environment. Drills will be geared to all skill levels and will be incorporated into game play at the end of each class.

CALEDON CENTRE FOR RECREATION & WELLNESS
6 - 8 Years
Mar 25-Jun 10 Mon 5:30pm-6:30pm $104.50 11 1592
Mar 28-Jun 13 Thu 5:30pm-6:30pm $114.00 12 1607

SOUTHFIELDS PUBLIC SCHOOL
6 - 8 Years
Mar 27-May 29 Wed 6:30pm-7:30pm $85.50 9 2316
Mar 25-May 27 Mon 8:00pm-9:15pm $76.00 7 2315

For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327
**General Interest Programs**

**FLOOR HOCKEY**
This progression-based program focuses on developing floor hockey skills in a non-competitive environment. Drills will be geared to all skill levels and will be incorporated into game play at the end of each class.

**CALEDON CENTRE FOR RECREATION & WELLNESS**

- **4 - 5 Years**
  - Mar 29-Jun 14  Fri  5:30pm-6:30pm  $104.50  11  1828
  - Mar 27-Jun 12  Wed  5:30pm-6:30pm  $114.00  12  1647
  - Mar 29-Jun 14  Fri  6:30pm-7:30pm  $104.50  11  1648

- **6 - 8 Years**
  - Mar 27-Jun 12  Wed  5:30pm-6:30pm  $114.00  12  1647
  - Mar 29-Jun 14  Fri  6:30pm-7:30pm  $104.50  11  1648

**SKATEBOARD**
This program teaches new skateboarders proper balance, skating techniques, basic tricks and how to adjust and maintain their board. Participants will have the opportunity to try new skills on small ramps near the end of the program.

**CALEDON CENTRE FOR RECREATION & WELLNESS**

- **Level 1 | 6 - 8 Years**
  - Mar 27-Jun 12  Wed  6:00pm-7:00pm  $114.00  12  1759

- **Level 1 | 9 - 12 Years**
  - Mar 27-Jun 12  Wed  7:00pm-8:00pm  $114.00  12  1761

- **Level 2 | 9 - 12 Years**
  - Mar 27-Jun 12  Wed  8:00pm-9:00pm  $114.00  12  1764

**SOCCER KICKS**
This progression-based program focuses on developing soccer skills in a non-competitive environment. Drills will be geared to all skill levels and will be incorporated into game play at the end of each class.

**CALEDON CENTRE FOR RECREATION & WELLNESS**

- **4 - 5 Years**
  - Mar 27-Jun 12  Wed  5:30pm-6:30pm  $114.00  12  1684

- **6 - 8 Years**
  - Mar 29-Jun 14  Fri  5:30pm-6:30pm  $104.50  11  1768

- **9 - 11 Years**
  - Mar 29-Jun 14  Fri  6:30pm-7:30pm  $104.50  11  1773

**SPORTBALL**
In partnership with Sportball, these Multi-Sport classes keep children moving and engaged and send them home with new skills from a different sport each class. These well-rounded classes provide an amazing foundation for a lifetime of active living bundling soccer, baseball, basketball, football, hockey, volleyball, golf and tennis into one comprehensive package. All of our classes are Coached with Purpose using Sportball Methodology. All games, activities and instructions have a purpose and expected outcome. Our goal is to build your child’s confidence, competence and Physical Literacy. Our programs target three key areas of childhood development, helping them build skills for life!

**SPORTBALL**

- **2 - 3.5 Years (parent & child)**
  - **TEMPORARY STOREFRONT IN SOUTHFIELDS**
    - Mar 25-Jun 03  Mon  9:15am-10:00am  $160.00  10  1490
    - Mar 25-Jun 03  Mon  10:00am-10:45am  $160.00  10  1496
    - Jul 08-Aug 26  Mon  9:15am-10:00am  $112.00  7  1663
    - Jul 08-Aug 26  Mon  10:00am-10:45am  $112.00  7  1670

- **3 - 5 Years**
  - **TEMPORARY STOREFRONT IN SOUTHFIELDS**
    - Mar 25-Jun 03  Mon  10:45am-11:45am  $160.00  10  1493
    - Jul 08-Aug 26  Mon  10:45am-11:45am  $112.00  7  1666

**TAE KWON DO**
Tae Kwon Do is an art of self-defense that is designed to enable participants to reach their personal potential. Tae Kwon Do instructors train participants on blocks, kicks, and punches.

**5 - 16 Years**

- **White Belt to Green Stripe**
  - **CALEDON CENTRE FOR RECREATION & WELLNESS**
    - Mar 27-Jun 05  Wed  6:30-7:30pm  $140.00  20  1891
    - Sat  8:45-9:45am
    - **TEMPORARY STOREFRONT IN SOUTHFIELDS**
    - Mar 25-Jun 08  Wed  6:30-7:30pm  $140.00  20  1837
    - Sat  2:30-3:30pm

**Volleyball Skills & Drills**
This progression-based program focuses on developing volleyball skills in a non-competitive environment. Drills will be geared to all skill levels and will be incorporated into game play at the end of each class.

**CALEDON CENTRE FOR RECREATION & WELLNESS**

- **9 - 11 Years**
  - Mar 26-Jun 11  Tue  5:30pm-6:30pm  $114.00  12  1790

- **12 - 14 Years**
  - Mar 26-Jun 11  Tue  6:30pm-7:30pm  $114.00  12  1786

For more information, please visit [caledon.ca/recreation](http://caledon.ca/recreation) or call 905.584.2272 x.7327

23
### Training & Leadership

**Home Alone Safety for Kids**
In partnership with Sophia Safety. This safety course focuses on teaching participants about how to handle situations and emergencies when they are home alone. Some topics will include, accident prevention, people safety, internet safety, kitchen safety, fire safety and dealing with sibling rivalry.

*9 - 12 Years*
- **Caledon Village Place**
  - Jun 23 Sun 9:00am-4:00pm $65.00 1 1616
- **Mayfield Recreation Complex**
  - Apr 12 Fri 9:00am-4:00pm $65.00 1 1195

**My Safe Life - Personal Safety for Kids**
In partnership with Sophia Safety. Traditional gaming, digital media, video, role play and repetition are used to educate and engage participants in a fun and interactive manner. Participants will learn life skills that empower them to make safe, caring and respectful decisions in their everyday lives both online and offline. Course content includes: bullying prevention, people safety, basic self defence, online safety, travel safety, building strong communities, fire safety, emergencies vs. Non-Emergencies, injury prevention and basic first aid.

*7 - 10 Years*
- **Caledon East Community Complex**
  - May 26 Sun 9:00am-4:00pm $65.00 1 1551
- **Mayfield Recreation Complex**
  - Jun 14 Fri 9:00am-4:00pm $65.00 1 1193

**Red Cross Babysitting Course**
In partnership with SOS 4 Kids. Does your teen or tween enjoy being with children? Do they want to earn some extra money? The Red Cross Babysitting Course will provide the training they need. This Babysitter training course is designed for youth aged 11 to 15. Participants learn how to run a small babysitting business and how to supervise younger siblings or other children in a safe and responsible manner. Aspiring babysitters also learn basic first aid skills.

*11 Years +*
- **Alton Library and Community Room**
  - Jun 09 Sun 9:00am-4:00pm $85.00 1 1649
- **Caledon Village Place**
  - May 05 Sun 9:00am-4:00pm $85.00 1 1630
- **Mayfield Recreation Complex**
  - Apr 28 Sun 9:00am-4:00pm $85.00 1 1212

**Standard First Aid & CPR-C**
Lifesaving Society offers a comprehensive training on all aspects of first aid. Training covers in-depth understanding of legal implications of first aid treatment, spine injuries, heat or cold injuries, bone and joint injuries, chest injuries, and medical emergencies. Includes CPR-C certification. Material fees apply.

*12 Years +*
- **Caledon Centre for Recreation & Wellness**
  - May 04-May 05 Sat-Sun 9:00am-5:30pm $147.90 2 2214
  - Jun 22-Jun 23 Sat-Sun 9:00am-5:30pm $147.90 2 2216
  - Jul 06-Jul 07 Sat-Sun 9:00am-5:30pm $147.90 2 2218

**Standard First Aid & CPR-C Recertification**
**Prerequisite:** Lifesaving Society Standard First Aid current within 3 years of certification date. This one-day recertification course reviews Standard First Aid and CPR-C knowledge and skills, and any industry updates. Required materials: Canadian First Aid Manual

*12 Years +*
- **Caledon Centre for Recreation & Wellness**
  - May 12 Sun 9:00am-5:30pm $71.40 1 2220
  - Sep 29 Sun 9:00am-5:30pm $71.40 1 2224

**General Interest Programs**

For more information, please visit [caledon.ca/recreation](http://caledon.ca/recreation) or call 905.584.2272 x.7327
ADAPTED SWIMMING LESSONS

The Adapted Swimming Lesson program is designed for children with special needs. With the needs of each individual in mind, the goal of this program is to provide basic water instruction and to teach water safety skills in a one-to-one setting. Please contact Recreation Programmer for information on site-specific availability.

14 - 21 Years

CALEDON CENTRE FOR RECREATION & WELLNESS

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MAYFIELD RECREATION COMPLEX

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INCLUSION SUPPORT - AQUATICS

This support can be requested by first registering for the desired program and then also registering in this Inclusion support program, on the same day the program selected is being offered. Please note that spaces are limited and inclusion support will be scheduled on a first-come, first-served basis and is subject to the availability of staff. Once registered, a member of our staff will contact participants to discuss individual needs.

3 - 13 Years

CALEDON CENTRE FOR RECREATION & WELLNESS

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MAYFIELD RECREATION COMPLEX

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<td>Jul 07-Sep 01</td>
<td>Sun</td>
<td>1:00pm-2:00pm</td>
<td>$0.00</td>
<td>9</td>
<td>1672</td>
</tr>
<tr>
<td>Jul 29-Aug 09</td>
<td>Mon/Fri</td>
<td>9:00am-11:00am</td>
<td>$0.00</td>
<td>9</td>
<td>1662</td>
</tr>
<tr>
<td>Jul 29-Aug 09</td>
<td>Mon/Fri</td>
<td>3:30pm-5:00pm</td>
<td>$0.00</td>
<td>9</td>
<td>1665</td>
</tr>
</tbody>
</table>

LISTINGS LEGEND

- Date, Day and Time identify when the course begins.
- Cost is the price of the program.
- No. indicates how many classes are part of the course.
- Code is needed for registering.
Inclusion Programs

Inclusion Support
Support staff may be available for preschool and youth programs upon request; limited spots are available. For more information regarding inclusion opportunities, please see the programs listed below or contact us at 905.584.2272 x.4204

ACTIVE START
Active Start is a program offered in partnership with Special Olympics Ontario, designed to help develop basic motor and movements skills in preschool-aged children with a disability and set the foundation for becoming active for life. Through games, sports and play, participants will have an excellent opportunity to improve physical, social and cognitive abilities. Parent/Caregiver involvement is required.
2 - 6 Years
CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 31-Jun 16 Sun 9:45am-10:45am $104.50 10 2308

ACTIVITY TIME
This program is for participants with a disability/special need. Participants will be exposed to a variety of activities; rock climbing, arts and crafts, physical activity, and group games in a supportive environment.
1 - 21 Years
CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 25-Apr 22 Mon 6:30pm-7:30pm $47.50 5 1535
Apr 29-Jun 03 Mon 6:30pm-7:30pm $47.50 5 1538

FUN CLUB
Designed for participants with a / special need, this supported program will provide opportunities to socialize in an active gymnasium environment followed by time in the swimming pool.
1 - 21 Years
CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 30-May 11 Sat 3:00pm-5:00pm $114.00 6 1657
May 18-Jun 15 Sat 3:00pm-5:00pm $95.00 5 1661

FUNDAMENTALS
FUNdamentals is a program offered in partnership with Special Olympics Ontario, designed to introduce physical literacy, physical fitness and the importance of nutrition by using sport-specific activities to improve basic motor and sports skills for youth with disabilities. This program takes a step-by-step approach and provides participants with an opportunity to improve their physical, social and cognitive abilities, setting the stage for an active lifestyle. Parent/Caregiver involvement is required.
7 - 12 Years
CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 31-Jun 16 Sun 10:45am-11:45am $104.50 10 2309

Special Olympics are now offering opportunities in Caledon!
For more information visit www.specialolympicscaledon.com
# Drop-in Fitness

<table>
<thead>
<tr>
<th>Service</th>
<th>Description</th>
<th>Single visit</th>
<th>10x pass</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Aquafitness</strong></td>
<td>Enjoy Aquafitness classes or fitness swimming with access to the *adult change room.</td>
<td>$10.15</td>
<td>$91.53</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$8.15</td>
<td>$73.22</td>
</tr>
<tr>
<td><strong>Recreation</strong></td>
<td>Choose one activity from drop-in swimming, skating, youth centre, gymnasium, shinny and the rock wall.</td>
<td>$3.75</td>
<td>$33.70</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$3.00</td>
<td>$27.00</td>
</tr>
<tr>
<td><strong>Ultimate Fitness</strong></td>
<td>Enjoy access to fitness classes, squash and all amenities in fitness fieldhouse with access to the *adult change room.</td>
<td>$10.15</td>
<td>$91.53</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$8.15</td>
<td>$73.22</td>
</tr>
<tr>
<td><strong>Unlimited Wellness</strong></td>
<td>All-access opportunity that includes pool, arena, fitness, squash, youth centre, gymnasium and rock wall drop-in programs and all amenities in fitness fieldhouse with access to the *adult change room.</td>
<td>$13.90</td>
<td>$125.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$11.15</td>
<td>$100.23</td>
</tr>
<tr>
<td><strong>Child-minding</strong></td>
<td>Our trained staff will care for children from 1 month to 12 years of age in a safe and friendly environment while you enjoy your visit.</td>
<td>$6.65</td>
<td>$59.80</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$8.95</td>
<td>$80.50</td>
</tr>
</tbody>
</table>

* Amenities available at the Caledon Centre for Recreation and Wellness only.

Please note some activities are subject to the scheduled drop-in times and minimum age requirements.

**DROP-IN AGE CATEGORIES**

<table>
<thead>
<tr>
<th>Adult</th>
<th>18 years +</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth</td>
<td>under 18 years</td>
</tr>
<tr>
<td>Group</td>
<td>up to 5 people (max. 2 adults)</td>
</tr>
</tbody>
</table>

Adult ODSP: individuals in receipt of benefits provided by Ontario Disability Support Program

Fitness access at the Caledon Centre is available for use by Youth age 11–17 years. Due to the nature of activities in the fitness area, youth may only have access to the area after they receive an orientation or unless accompanied by a parent/guardian.

For drop-in skating fees go to page 45.
For drop-in swimming fees go to page 37.

For more information, please visit [caledon.ca/recreation](http://caledon.ca/recreation) or call 905.584.2272 x.7327
Fitness Classes

**CARDIO CORE BLAST**
Cardio Core is a high-energy workout combining floor cardio and kickboxing-style moves. The first portion of the class is dedicated to a cardio workout and the second portion will include core and overall body strengthening moves. Come get your heart rate up and improve core and full-body tone and strength. All fitness levels are welcome!

11 Years +
MARGARET DUNN VALLEYWOOD LIBRARY
Mar 26-Jun 11 Tue 7:30pm-8:30pm $102.00 12 685

**CIRCUIT TRAINING**
Enjoy a workout that incorporates both cardiovascular and strength training components. Work your way through a series of stations and increase your metabolism. A challenge for both new and advanced participants. Pay as you go and membership options are also available.

18 Years +
MARGARET DUNN VALLEYWOOD LIBRARY
Mar 28-Jun 13 Thu 7:30pm-8:30pm $102.00 12 692

**H2O BOOTCAMP**
This higher intensity deep-water aqua fitness class is designed to improve cardio conditioning by alternating with strength/balance and core training segments to maintain or increase fitness levels with less impact on your joints.

11 Years +
CADEON CENTRE FOR RECREATION & WELLNESS
Mar 27-Jun 12 Wed 7:15pm-8:00pm $114.00 12 301
Mar 29-Jun 14 Fri 6:45pm-7:30pm $104.50 11 302
Jul 03-Aug 28 Wed 7:10pm-7:55pm $85.50 9 1886

**PARENT & BABY FITNESS**
Have fun & get fit with your baby. A great way to meet other parents while increasing your strength, cardio and flexibility. Please bring indoor shoes, an infant carrier and infant blanket. For babies over 20 lbs a backpack carrier is recommended.

CADEON CENTRE FOR RECREATION & WELLNESS
Mar 26-Apr 23 Tue 10:30am-11:30am $42.50 5 476
Apr 30-May 28 Tue 10:30am-11:30am $42.50 5 477

**POSTURE HEALTH**
Learn what’s fact or myth, get motivated and learn the benefits of active living. The workshop includes a wide variety of topics designed to provide reliable and current fitness information. In this workshop you will learn how proper movement and alignment can improve your overall back and neck health.

18 Years +
CADEON CENTRE FOR RECREATION & WELLNESS
Apr 08-Apr 08 Mon 6:15pm-7:15pm $10.00 1 2307

**STROLLER FITNESS**
Stroller fit is an innovative fitness program that turns your stroller into a cardio device. Meet new parents in the community while participating in an exercise program. Please note: Moms must be at least 6 weeks postpartum.

CADEON CENTRE FOR RECREATION & WELLNESS
May 10-Jun 07 Fri 10:30am-11:30am $42.50 5 478
Jul 02-Jul 30 Tue 9:30am-10:30am $42.50 5 479
Aug 06-Sep 03 Tue 9:30am-10:30am $42.50 5 480
YOGA - AN INTRODUCTION

New to yoga, this beginner class is recommended for those who wish to establish a solid foundation and experience yoga's many benefits. Explore new dimensions of the practice including synchronizing breath to movement, safe and proper alignment. Improve your overall physical fitness level by increasing your flexibility, muscle strength and improving your balance.

11 Years +

ALBION BOLTON COMMUNITY CENTRE
Mar 28-Jun 13 Thu 7:30pm-8:30pm $102.00 12 454
Jul 04-Aug 01 Thu 7:30pm-8:30pm $42.50 5 547

YOGA ALL LEVELS

Yoga increases balance, strength, flexibility and coordination. This class is suitable for all levels that are looking to improving circulation, exercise the mind and concentration.

11 Years +

MARGARET DUNN VALLEYWOOD LIBRARY
Mar 25-Jun 10 Mon 9:30am-10:30am $93.50 11 699
Mar 27-Jun 12 Wed 12:00pm-1:00pm $102.00 12 453

TEMPORARY STOREFRONT IN SOUTHFIELDS
Mar 28-Jun 13 Thu 7:00pm-8:00pm $102.00 12 1327
Mar 29-Jun 14 Fri 9:15am-10:15am $93.50 11 1329
Jul 04-Aug 29 Thu 7:00pm-8:00pm $76.50 9 1338
Jul 05-Aug 30 Fri 9:15am-10:15am $76.50 9 1339

YOGA FOR ATHLETES

Yoga will help you with your sport enhancing athletic performance, preventing injuries and increasing flexibility. Find ways to cross-train and become more efficient in your sport. Proper body alignment is key. Complete total body workout and relaxation all in one. This class is suitable for all types of athletes.

11 Years +

CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 28-Jun 13 Thu 8:30pm-9:30pm $102.00 12 466

KUNDALINI YOGA

Kundalini Yoga combines breath, movement, rhythmic sound and deep relaxation. The goal is to build physical vitality and increase consciousness through meditation.

11 Years +

ALBION BOLTON COMMUNITY CENTRE
Mar 25-Jun 17 Mon 7:30pm-8:30pm $102.00 12 452
Mar 27-Jun 12 Wed 12:00pm-1:00pm $102.00 12 453

ZUMBA®

This dance inspired cardio workout uses traditional cumbia, salsa, samba and merengue music with a combination of Latin rhythms and red-hot international dance steps.

16 Years +

MARGARET DUNN VALLEYWOOD LIBRARY
Mar 25-Jun 10 Mon 7:00pm-8:00pm $93.50 11 706

TEMPORARY STOREFRONT IN SOUTHFIELDS
Mar 25-Jun 10 Mon 7:30pm-8:30pm $93.50 11 1330
Mar 27-Jun 12 Wed 6:00pm-7:00pm $102.00 12 1331

FAMILY

FAMILY BOOTCAMP

This is a wonderful bonding time for the family. This fun workout consists of sport drills, light weights, jump rope, circuits, fun games and interval training. Children must be accompanied by an adult. Each participant must register. Minimum of two participants per family.

6 Years +

CALEDON CENTRE FOR RECREATION & WELLNESS
Apr 06-Jun 08 Sat 12:00pm-1:00pm $65.00 10 469

FAMILY YOGA

Family yoga is a great way for the family to come together and participate in something fun. Participants will learn yoga moves including group and partner poses while building trust and providing a physical exercise. Children of all ages must be accompanied by an adult. Each participant must be registered. Minimum of two participants per family.

6 Years +

CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 31-Jun 09 Sun 10:15am-11:15am $65.00 10 470

FAMILY ZUMBA

You and your family will enjoy Latin and international dance routines and discover how easy it is to combine simple dance moves with fitness-based movements. A fun way to get active with the whole family. Children must be accompanied by an adult. Each participant must register. Minimum of two participants per family.

5 Years +

ALBION BOLTON COMMUNITY CENTRE
Apr 02-Jun 04 Tues 6:30pm-7:30pm $65.00 10 3369
**Fitness**

**YOUTH**

**KICKBOXING FOR KIDS**
Are you looking for a total-body workout that totally kicks butt? How about a way to increase your stamina, flexibility, and strength while listening to your favorite music? This high energy class is for you and learn combination moves such as jabs and kicks.

*7 - 11 Years*

**CALEDON CENTRE FOR RECREATION & WELLNESS**
Mar 30-Jun 01  Sat  11:00am-12:00pm  $95.00  10  467

**TOTAL TRAINING FOR TEENS**
Learn the basics of strength and conditioning with a personal trainer. Participants will use spin bikes, ellipticals, weight machines and more to develop their own program. Class includes a ‘free’ youth orientation to the fitness facility.

*11 - 17 Years*

**CALEDON CENTRE FOR RECREATION & WELLNESS**
Mar 30-Jun 01  Sat  10:00am-11:00am  $95.00  10  468
Jul 08-Jul 12  Mon-Fri  10:00am-11:00am  $47.50  5  481

**ZUMBA® KIDS**
A high-energy class packed with specially choreographed routines and the latest music. This dance party promotes a healthy lifestyle and incorporates fitness as a natural part of children’s lives. No dance experience is required.

*6 - 10 Years*

**ALBION BOLTON COMMUNITY CENTRE**
Mar 28-May 30  Thu  6:00pm-7:00pm  $95.00  10  455

For more information, please visit [caledon.ca/recreation](http://caledon.ca/recreation) or call 905.584.2272 x.7327
Fitness Memberships

Our membership plans make it easy to get more recreation and fitness into your budget and busy life. No enrolment or initiation fee! Unlimited Wellness and Ultimate Fitness members receive free equipment orientations from a certified personal trainer.

Unlimited Wellness

The Unlimited Wellness is an all-access opportunity to drop-in activities town-wide! This all-inclusive membership also gives you access to all amenities within the Aquafitness, Recreation and Ultimate Fitness Memberships. Includes a FREE equipment orientation from a certified personal trainer (for all membership terms except 10 pass and single visits).

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Annual</th>
<th>6 Month</th>
<th>1 Month</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult 18+</td>
<td>$597.75</td>
<td>$358.65</td>
<td>$75.30</td>
</tr>
<tr>
<td>Youth / Student / Adult ODSP / 55+</td>
<td>$478.20</td>
<td>$286.95</td>
<td>$59.80</td>
</tr>
</tbody>
</table>

Ultimate Fitness

A great value for the avid fitness enthusiast, the Ultimate Fitness membership allows access to drop-in fitness classes town-wide! Enjoy the fitness fieldhouse, squash, walking track and adult change room, available at the Caledon Centre for Recreation & Wellness. Includes a FREE equipment orientation from a certified personal trainer (for all membership terms except 10 pass and single visits).

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Annual</th>
<th>6 Month</th>
<th>1 Month</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult 18+</td>
<td>$484.75</td>
<td>$290.85</td>
<td>$61.10</td>
</tr>
<tr>
<td>Youth / Student / Adult ODSP / 55+</td>
<td>$387.20</td>
<td>$232.70</td>
<td>$48.85</td>
</tr>
</tbody>
</table>

Note: Prices quoted are for residents and include HST. Fitness access at the Caledon Centre is available for use by Youth age 11-17 years. Due to the nature of activities in the fitness area, youth may only have access to the area after they receive orientation or unless accompanied by a parent/guardian.
**Aquafitness**

This membership gives you access to aquafitness classes and fitness swims town-wide, and use of the adult change room at the Caledon Centre for Recreation & Wellness.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Annual</th>
<th>6 Month</th>
<th>1 Month</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult 18+</td>
<td>$350.00</td>
<td>$210.00</td>
<td>$44.10</td>
</tr>
<tr>
<td>Youth / Student / Adult ODSP / 55+</td>
<td>$280.00</td>
<td>$168.00</td>
<td>$35.30</td>
</tr>
</tbody>
</table>

**Recreation**

This membership gives you access to all fitness swims, public swims, skates, shinnys, youth centre, rock wall, drop-in gymnasium programs, and family change rooms town-wide.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Annual</th>
<th>6 Month</th>
<th>1 Month</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult 18+</td>
<td>$250.00</td>
<td>$150.00</td>
<td>$31.50</td>
</tr>
<tr>
<td>Youth / Student / Adult ODSP / 55+</td>
<td>$200.00</td>
<td>$120.00</td>
<td>$25.20</td>
</tr>
<tr>
<td>Group (up to 5 people max. 2 adults)</td>
<td>$650.00</td>
<td>$390.00</td>
<td>$81.90</td>
</tr>
</tbody>
</table>

**Child-minding services**

Enjoy your visit to the Caledon Centre for Recreation & Wellness. Our trained staff will care for children from 1 month to 12 years in a safe friendly environment.

Available by membership or by visit:
$6.65/Child | $8.95/Family

**Child-minding memberships**

<table>
<thead>
<tr>
<th></th>
<th>Annual</th>
<th>6-Month</th>
<th>1 Month</th>
<th>10 Pass</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single Child</td>
<td>$533.95</td>
<td>$320.35</td>
<td>$65.40</td>
<td>$59.80</td>
</tr>
<tr>
<td>Family up to 3 participants</td>
<td>$889.90</td>
<td>$533.95</td>
<td>$109.00</td>
<td>$80.50</td>
</tr>
</tbody>
</table>

Check caledon.ca/membership for Child-minding dates and times

Prices are subject to change without notice. Taxes included
Let’s get better, together!
Book your consultation today!
905.584.2272 x.7322
Adult 55+ Programs

Classic Café

A drop-in program for Adults 55+

Where adults 55+ can enjoy friendly company while taking part in a variety of activities.

55+ Social Programs

CLASSIC CAFE
In partnership with Caledon Seniors Centre, adults 55+ can enjoy friendly company while taking part in a variety of fun activities, social events, fitness demos, local community speakers, card games, crafts, pickleball and much more.

55 Years +

ALTON LIBRARY AND COMMUNITY ROOM
Apr 05 Fri 10:30am-1:30pm $5.00 1 1651
May 03 Fri 10:30am-1:30pm $5.00 1 2312
Jun 07 Fri 10:30am-1:30pm $5.00 1 1659

CALEDON EAST COMMUNITY COMPLEX
Apr 01 Mon 10:30am-1:30pm $5.00 1 1617
May 06 Mon 10:30am-1:30pm $5.00 1 1618
Jun 03 Mon 10:30am-1:30pm $5.00 1 1620

CALEDON VILLAGE PLACE
Apr 02 Tue 10:30am-1:30pm $5.00 1 1635
May 07 Tue 10:30am-1:30pm $5.00 1 1638
Jun 04 Tue 10:30am-1:30pm $5.00 1 1641

INGLEWOOD COMMUNITY CENTRE
Apr 04 Thu 11:00am-2:00pm $5.00 1 1530
May 02 Thu 11:00am-2:00pm $5.00 1 1533
Jun 06 Thu 11:00am-2:00pm $5.00 1 1534

Visit the Adult 55+ Living in Caledon section of our website to learn more about Programs and Services, Resource Directory, Accessing Programs and information on Housing and Living.

caledon.ca/adult55

There are many Town and community programs, services and resources for adults aged 55 and over. Staff are regularly connecting with community partners and service providers to ensure relevant and timely updates are shared with residents.

For general inquiries, please contact:
905.584.2272 x.4106
Adult55@caledon.ca
## Adult 55+ Programs

### 55+ Fitness Classes

#### BONE BUILDER 55+
Bones like muscles respond to stress by becoming stronger. This low impact fitness class focuses on weight training using resistant bands and dumbbells. It is a perfect class for those new to fitness or individuals at risk of developing bone disease or joint problems such as arthritis. Mat work maybe involved.

*18 Years +*

<table>
<thead>
<tr>
<th>Centre</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Class Size</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ALBION BOLTON COMMUNITY CENTRE</strong></td>
<td>Mar 26-Jun 13</td>
<td>Thu</td>
<td>12:00pm-1:00pm</td>
<td>$81.60</td>
<td>12</td>
</tr>
<tr>
<td><strong>CALEDON CENTRE FOR RECREATION &amp; WELLNESS</strong></td>
<td>Mar 26-Jun 11</td>
<td>Tue</td>
<td>12:00pm-1:00pm</td>
<td>$81.60</td>
<td>12</td>
</tr>
<tr>
<td></td>
<td>Jul 03-Aug 21</td>
<td>Wed</td>
<td>12:00pm-1:00pm</td>
<td>$54.40</td>
<td>8</td>
</tr>
</tbody>
</table>

#### CHAIR YOGA 55+
Enjoy Yoga while safely seated in a chair. Yoga positively impacts physical, mental and emotional health and this chair-based program is ideally suited for persons who have joint or other challenges and are unable to get down onto the floor.

*18 Years +*

<table>
<thead>
<tr>
<th>Centre</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Class Size</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CALEDON CENTRE FOR RECREATION &amp; WELLNESS</strong></td>
<td>Mar 27-May 29</td>
<td>Wed</td>
<td>10:45am-11:45am</td>
<td>$68.00</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Mar 28-May 30</td>
<td>Thu</td>
<td>11:45am-12:45pm</td>
<td>$68.00</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Jul 03-Jun 07</td>
<td>Fri</td>
<td>9:30am-10:30am</td>
<td>$68.00</td>
<td>10</td>
</tr>
</tbody>
</table>

#### FIT FOR LIFE 55+
This program is geared for individuals who wish to be fit for life. The program is a low intensity, full body workout that will have a different focus each week. All fitness levels are welcome.

*18 Years +*

<table>
<thead>
<tr>
<th>Centre</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Class Size</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CALEDON VILLAGE PLACE</strong></td>
<td>Mar 28-Jun 13</td>
<td>Thu</td>
<td>10:00am-11:00am</td>
<td>$81.60</td>
<td>12</td>
</tr>
<tr>
<td></td>
<td>Jul 04-Aug 29</td>
<td>Thu</td>
<td>10:00am-11:00am</td>
<td>$61.20</td>
<td>9</td>
</tr>
</tbody>
</table>

#### SIT AND GET FIT 55+
Designed for individuals who are new to exercise this low intensity movements will help to improve flexibility, muscular strength, coordination skills and balance. Participants will be sitting during the majority of the exercises. Let’s have fun and take this journey one step at a time!

*18 Years +*

<table>
<thead>
<tr>
<th>Centre</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Class Size</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ALBION BOLTON COMMUNITY CENTRE</strong></td>
<td>Mar 26-May 28</td>
<td>Tue</td>
<td>10:00am-11:00am</td>
<td>$68.00</td>
<td>10</td>
</tr>
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<td></td>
<td>Mar 28-May 30</td>
<td>Thu</td>
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<td>$68.00</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Jul 03-Aug 21</td>
<td>Wed</td>
<td>12:00pm-1:00pm</td>
<td>$54.40</td>
<td>8</td>
</tr>
</tbody>
</table>

#### TAI CHI 55+
Tai Chi is a series of exercises designed to improve health and promote relaxation. This sequence of slow, continuous movements is an effective technique for reducing tension, improving balance and coordination. Tai Chi is suitable for participants of all fitness levels.

*18 Years +*

<table>
<thead>
<tr>
<th>Centre</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
<th>Class Size</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ALBION BOLTON COMMUNITY CENTRE</strong></td>
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<td>Wed</td>
<td>11:00am-12:00pm</td>
<td>$68.00</td>
<td>10</td>
</tr>
<tr>
<td><strong>CALEDON CENTRE FOR RECREATION &amp; WELLNESS</strong></td>
<td>Jul 03-Jul 31</td>
<td>Wed</td>
<td>11:00am-12:00pm</td>
<td>$34.00</td>
<td>5</td>
</tr>
<tr>
<td><strong>CALEDON EAST COMMUNITY COMPLEX</strong></td>
<td>Mar 25-Jun 10</td>
<td>Mon</td>
<td>9:30am-10:30am</td>
<td>$68.00</td>
<td>10</td>
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<tr>
<td><strong>CALEDON EQUESTRIAN PARK PALGRAVE COMMUNITY ROOM</strong></td>
<td>Mar 26-Apr 23</td>
<td>Tue</td>
<td>10:00am-11:00am</td>
<td>$34.00</td>
<td>5</td>
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<tr>
<td><strong>INGLEWOOD COMMUNITY CENTRE</strong></td>
<td>Mar 29-Jun 07</td>
<td>Fri</td>
<td>9:30am-10:30am</td>
<td>$68.00</td>
<td>10</td>
</tr>
<tr>
<td><strong>TEMPORARY STOREFRONT IN SOUTHFIELDS</strong></td>
<td>Mar 29-Jun 07</td>
<td>Fri</td>
<td>11:00am-12:00pm</td>
<td>$68.00</td>
<td>10</td>
</tr>
</tbody>
</table>

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**Did you know?**
Studies show that those who exercise a minimum of 30 minutes a day are able to live in their home longer, maintain independence, and live a longer life.

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For more information, please visit [caledon.ca/recreation](http://caledon.ca/recreation) or call 905.584.2272 x.7327
Adult 55+ Programs

Caledon Seniors Centre Satellite Programs:

The Town of Caledon has partnered with the Caledon Seniors Centre to provide drop in programs available in your neighbourhood –

MONDAYS – 9 a.m. - 3 p.m.
Caledon East Community Complex – Lion’s Den

TUESDAYS – 9 a.m. - 3 p.m.
Caledon Village – Community Room

WEDNESDAYS – 10:30 a.m. - 4 p.m.
Temp Storefront in Southfields 12560 Kennedy Road.

THURSDAYS – 11 a.m. - 3 p.m.
Inglewood Community Complex

FRIDAYS – 9 a.m. - 3 p.m.
Alton Community Room and Library

Visit Caledon.ca/adult55 for more information

55+ Fitness Classes

YOGA 55+
Enjoy a quiet and relaxing yoga class incorporating meditation, breathing, stretching and yoga poses to build strength and flexibility.
18 Years +
ALBION BOLTON COMMUNITY CENTRE
Mar 29-Jun 21 Fri 12:00pm-1:00pm $81.60 12 460
CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 28-Jun 13 Thu 12:00pm-1:00pm $81.60 12 473
Jul 11-Aug 29 Thu 12:00pm-1:00pm $54.40 8 485

ZUMBA® 55+
This class combines fitness and dance and is designed for all levels. Improve strength, flexibility and balance using easy to follow movements set to great music. This cardio workout combines traditional Cumbia, Salsa, Samba and Merengue music with Latin rhythms and red-hot international dance steps.
18 Years +
CALEDON CENTRE FOR RECREATION & WELLNESS
Mar 25-Jun 17 Mon 12:30pm-1:30pm $81.60 12 474
Jul 08-Aug 12 Mon 12:00pm-1:00pm $34.00 5 486
CALEDON EAST COMMUNITY COMPLEX
Mar 27-Jun 12 Wed 10:00am-11:00am $81.60 12 1312

Seniors Day 2018

SAVE THE DATE
June 5, 2019

SENIORS DAY 2019

Visit Caledon.ca/adult55 for more information
### Drop-in Aquatics

<table>
<thead>
<tr>
<th>PROGRAM</th>
<th>DESCRIPTION</th>
<th>FEES (TAX INCLUDED)</th>
<th>10X PASS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aquafit</td>
<td>A fun and energetic workout including a warm-up, cardiovascular conditioning, muscular strength, endurance and stretching. Participants are encouraged to work-out at their own pace. Swimmers and non-swimmers are welcome. Classes are 55 minutes in length.</td>
<td>Adult $10.15</td>
<td>Adult $91.53</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Youth/Student/Adult ODSP/55+ $8.15</td>
<td>Youth/Student/Adult ODSP/55+ $73.22</td>
</tr>
<tr>
<td>Fitness Swim</td>
<td>For youth and adults who wish to utilize the pool for fitness (such as length swimming, water jogging, etc.).</td>
<td>Adult $3.75</td>
<td>Adult $33.70</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Youth/Student/Adult ODSP/55+ $3.00</td>
<td>Youth/Student/Adult ODSP/55+ $27.00</td>
</tr>
<tr>
<td>Parent and Child</td>
<td>This shallow water swim time is for children seven (7) years of age and under and their caregiver. Adults must accompany children in the water. Admission standards apply.</td>
<td>Adult $3.75</td>
<td>Adult $33.70</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Youth/Student/Adult ODSP/55+ $3.00</td>
<td>Youth/Student/Adult ODSP/55+ $27.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Group $8.50</td>
<td>Group $76.50</td>
</tr>
<tr>
<td>Public Swim</td>
<td>All ages welcome, admission standards apply. Pool toys and flotation aids are permitted in the shallow areas at the discretion of the aquatics staff. Facility specific amenities (such as diving boards, water features, etc.) may not be available at all times.</td>
<td>Adult $3.75</td>
<td>Adult $33.70</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Youth/Student/Adult ODSP/55+ $3.00</td>
<td>Youth/Student/Adult ODSP/55+ $27.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Group $8.50</td>
<td>Group $76.50</td>
</tr>
</tbody>
</table>

**DROP-IN AGE CATEGORIES**

<table>
<thead>
<tr>
<th>Age Category</th>
<th>Description</th>
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<tbody>
<tr>
<td>Adult</td>
<td>18 years +</td>
</tr>
<tr>
<td>Youth</td>
<td>under 18 years</td>
</tr>
<tr>
<td>55+</td>
<td>Adult 55 years +</td>
</tr>
<tr>
<td>Student</td>
<td>18 to 54 years</td>
</tr>
<tr>
<td>Group</td>
<td>up to 5 people (max. 2 adults)</td>
</tr>
</tbody>
</table>

**Fees**

- Adult: $10.15
- Youth / Student: $8.15
- Adult ODSP / 55+: $7.22
- Youth / Student / Adult ODSP / 55+: $6.00
- Group: $8.50

**Additional Fees**

- Adult change room use at the Caledon Centre for Recreation & Wellness:
  - Adult change room - 11 Years +: $13.90
  - Adult 55+: $11.15

**Adult ODSP**

- Individuals in receipt of benefits provided by Ontario Disability Support Program

For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327
Pool Admission Standards

<table>
<thead>
<tr>
<th>AGE</th>
<th>PARENT / GUARDIAN SUPERVISION</th>
<th>RATIO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 5 years</td>
<td>Regardless of swimming ability - *Accompanied</td>
<td>2:1</td>
</tr>
<tr>
<td>6 – 9 years</td>
<td>Unable to pass Facility Swim Test - *Accompanied</td>
<td>2:1</td>
</tr>
<tr>
<td></td>
<td>(4:1 if ALL children are in lifejackets)</td>
<td></td>
</tr>
<tr>
<td>6 – 9 years</td>
<td>Able to pass Facility Swim Test - Admitted into pool area unaccompanied</td>
<td>Caregiver must remain in pool viewing area</td>
</tr>
<tr>
<td>10 + years</td>
<td>Regardless of swimming ability - Admitted into pool area unaccompanied</td>
<td>N/A</td>
</tr>
</tbody>
</table>

*Accompanied: Must be accompanied by a parent, guardian or designate (caregiver) who is at least 14 years of age and is responsible for their direct supervision. Caregiver must be in bathing attire and within arm’s reach of the child(ren) at all times, able to render immediate assistance both in and out of the water.

General Aquatics Information

Facility swim test
To successfully pass the facility swim test individuals must:

- Swim on their front for 15 metres with the ability to put their face in the water and take at least one (1) breath without putting their feet on the bottom of the pool.
- Tread water for one (1) minute.

The recreational swim admission standard applies to all recreational swims. Aquatics staff may ask for a demonstration of swimming ability if they feel there is a question of safety.

Swimming attire
Bathing/swimming attire is defined as clothing that is clean and is used specifically for the purpose of swimming. Children who are not toilet trained must wear appropriate swim diapers.

Photography at the pools
The privacy and comfort of our swimming customers is important to us. Therefore the use of any device capable of rendering a photographic image is prohibited in our aquatic facilities.

Medical Conditions
Participants with serious medical conditions should be accompanied by individuals who understand his/her condition and is responsible for their direct supervision.

LEARN TO SWIM

Choosing the correct level
Participating in the proper level is critical to your child’s social and physical development. Please have your child tested to determine their appropriate level. Tests are conducted during the public swim times at all locations. Contact the facility for helpful information and advice.

Make-up lessons
Swimming programs may be cancelled due to unforeseen challenges. The Town of Caledon will do all we can to compensate for the loss of program time. Make-up classes or compensation will not be available due to participant absence from programming.

Cancellation dates
Swimming programs may have dates that have been cancelled or postponed due to holidays or facility maintenance. These dates will appear on your registration receipt. Course lengths and fees have already been adjusted due to any cancelled dates.

Session updates
Prior to the next registration, parents will have an opportunity to speak with the instructor regarding their child’s progress. The class will end approximately five minutes early.

Registration after the third lesson
To ensure program consistency, registrations will not be permitted after the start of the third lesson.
Swim Level Progression Chart

Participating in the proper level is critical to your child’s social and physical development. Please have your child tested to determine their appropriate level. Tests are conducted during the public swim times at all locations. Contact the facility for helpful information and advice.

For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327
Learn to Swim

**PARENT AND TOT 1**
Designed for the 4 to 12-month-old, this level is all about helping your child feel and explore the water by floating, splashing, reaching and paddling. Your child will play in the water with comfort and confidence.
4 - 12 months  
Class length: 30 minutes  Ratio: 1:8

**PARENT AND TOT 2**
Designed for the 12 to 24-month-old, this level teaches children to get their face wet and blow bubbles (the first step in breath control). With your guidance, your child recovers objects below the surface, performs front and back floats and learns how to travel at the surface by kicking.
1 - 2 Years  
Class length: 30 minutes  Ratio: 1:8

**PARENT AND TOT 3**
This is an advanced level for 2–3 year-olds. They’ll have fun jumping into the water and getting out without assistance. They learn to hold their breath and open their eyes underwater to recover an object from the bottom. Mastering front and back floats in “starfish” and “pencil” positions and kicking on front and back provide the building blocks for swimming stroke development in the preschool program.
2 - 3 Years  
Class length: 30 minutes  Ratio: 1:6

**PRESCHOOL 1**
We encourage the parent to participate until their child lets them know they can do it themselves. These preschoolers will have fun learning to get in and out of the water. We’ll help them jump into chest deep water. They’ll float and glide on their front and back and learn to get their faces wet and blow bubbles underwater.
3 - 5 Years  
Class length: 30 minutes  Ratio: 1:4

**PRESCHOOL 2**
These preschoolers learn to jump into chest-deep water by themselves, and get in and get out wearing a life jacket. They’ll submerge and exhale underwater. Wearing a life jacket, they’ll glide on their front and back.
3 - 5 Years  
Class length: 30 minutes  Ratio: 1:4

**PRESCHOOL 3**
These youngsters will try both jumping and a sideways entry into deep water while wearing a life jacket. They’ll recover objects from the bottom in waist-deep water. They’ll work on kicking and gliding through the water on their front and back.
3 - 5 Years  
Class length: 30 minutes  Ratio: 1:4

**PRESCHOOL 4**
Advanced preschoolers will learn to do solo jumps into deeper water and get out by themselves. They’ll do sideways entries and open their eyes underwater. They’ll master a short swim on their front wearing a life jacket and gliding and kicking on their side.
3 - 5 Years  
Class length: 30 minutes  Ratio: 1:4

**PRESCHOOL 5**
These youngsters get more adventurous with a forward roll entry wearing a life jacket and treading water for 10 seconds. They’ll work on front and back crawl swims for 5m, interval training and get a whip kick.
3 - 5 Years  
Class length: 30 minutes  Ratio: 1:4

For more information, please visit [caledon.ca/recreation](http://caledon.ca/recreation) or call 905.584.2272 x.7327
Learn to Swim

**SWIMMER 1**
These beginners will become comfortable jumping into water with and without a life jacket. They’ll learn to open their eyes, exhale and hold their breath underwater. They’ll work on floats, glides and kicking through the water on their front and back.
6 – 13 Years  
Class length: 30 minutes  
Ratio: 1:6

**SWIMMER 2**
These advanced beginners will jump into deeper water, and learn to be comfortable falling sideways into the water wearing a life jacket. They’ll be able to support themselves at the surface without an aid, learn whip kick, swim 10m on their front and back, and be introduced to flutter kick interval training (4 x 5m).
6 – 13 Years  
Class length: 30 minutes  
Ratio: 1:6

**SWIMMER 3**
These junior swimmers will dive and do in-water front somersaults and handstands. They’ll work on 15m of front crawl, back crawl and 10m of whip kick. Flutter kick interval training increases to 4 x 15m.
6 – 13 Years  
Class length: 30 minutes  
Ratio: 1:6

**SWIMMER 4**
These intermediate swimmers will swim 5m underwater and lengths of front crawl, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. They’ll cap it all off with front crawl sprints over 25m and 4 x 25m front or back crawl interval training.
6 – 13 Years  
Class length: 45 minutes  
Ratio: 1:8

**SWIMMER 5**
These swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They’ll refine their front and back crawl over 50m swims of each, and breaststroke over 25m. Then they’ll pick up the pace in 25m sprints and two interval training bouts: 4 x 50m front or back crawl; and 4 x 15m breaststroke.
6 – 13 Years  
Class length: 45 minutes  
Ratio: 1:8

**SWIMMER 6**
These advanced swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They’ll develop strength and power in head-up breaststroke sprints over 25m. They’ll easily swim lengths of front crawl, back crawl, and breaststroke, and complete the 300m workout.
6 – 13 Years  
Class length: 45 minutes  
Ratio: 1:8

**SWIMMER 7 - ROOKIE PATROL**
Swimmers continue stroke development with 50m swims of front crawl, back crawl and breaststroke. Lifesaving sport skills include a 25m obstacle swim and 15m object carry. First aid focuses on assessment of conscious victims, contacting EMS and treatment for bleeding. Fitness improves in 350m workouts and 100m timed swims.
6 – 13 Years  
Class length: 1 hour  
Ratio: 1:10

**SWIMMER 8 - RANGER PATROL**
Swimmers develop better strokes over 75m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.
6 – 13 Years  
Class length: 1 hour  
Ratio: 1:10

**SWIMMER 9 - STAR PATROL**
Swimmers are challenged with 600m workouts, 300m timed swims and a 25m object carry. Strokes are refined over 100m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies, including asthma and allergic reactions. Lifesaving skills include defence methods, victim removals and rolling over and supporting a victim face up in shallow water.
6 – 13 Years  
Class length: 1 hour  
Ratio: 1:10

**TEEN 1**
Introduction to beginner skills, including submerging and floating. Participants work towards swimming 10m - 15m on front and back. Fitness and flutter kick is worked on with basic interval training.
14 - 17 Years  
Class length: 30 minutes  
Ratio: 1:8

**TEEN 2**
Front crawl and back crawl skills are further developed to complete 4x25m interval training. Dive entries and breaststroke arms techniques are introduced. Swimmers work toward treading water for 1 to 2 minutes.
14 - 17 Years  
Class length: 30 minutes  
Ratio: 1:8

**TEEN 3**
The standard eggbeater surface support is introduced in addition to various entry methods. Front crawl, back crawl and breaststroke techniques are refined to complete the 300m distance swim and 25-50m sprint.
14 - 17 Years  
Class length: 30 minutes  
Ratio: 1:8

**ADULT 1**
You’ll work towards a 10-15m swim on your front and back. You’ll do jump entries from the side and recover an object from the bottom in chest-deep water. Improve your fitness and your flutter kick with 4 x 9-12m interval training.
18 Years +  
Class length: 30 minutes  
Ratio: 1:8

**ADULT 2**
Front crawl and back crawl skills are further developed to complete 4x25m interval training. Dive entries and breaststroke arms techniques are introduced. Swimmers work towards treading water for 1 to 2 minutes.
18 Years +  
Class length: 30 minutes  
Ratio: 1:8

**ADULT 3**
The standard eggbeater surface support technique is introduced in addition to various entry methods. Front crawl, back crawl, and breaststroke techniques are refined to complete the 300m distance swim and 25-50m sprint.
18 Years +  
Class length: 30 minutes  
Ratio: 1:8
PRIVATE LESSONS
An excellent opportunity to customize personal swim instruction, increase endurance and improve technique. Designed for those who desire or require one-to-one attention. Please note Swimmer 7, 8 & 9 are not offered in private lesson format. Participants in these levels are required to work in teams to successfully complete program requirements.

**Class length:** 30 minutes  
**Ratio:** 1:1

LOW RATIO LESSONS (H20/H30)
Low ratio swim lessons provide a smaller instructor-to-participant ratio. Low Ratio lessons are level-specific to ensure consistency in swimmer development during the class.

**Class length:** 30 minutes  
**Ratio:** 1:2 (Preschool levels), 1:3 (Swimmer levels)

Specialty Lessons

LIFESAVING SPORT FUNDAMENTALS
Swimmers enjoy recreational introduction to lifesaving sport skills including team relays, obstacle swims, victim carries and much more. Coaches create swim workouts to improve overall stroke efficiency and fitness while focusing on team building, fair play and sport ethics.

**Prerequisite:** Completion of Swimmer 5  
**8 - 13 Years**

**CALEDON CENTRE FOR RECREATION & WELLNESS**
Mar 27-Jun 12  
Wed 6:00pm-7:00pm  
$117.00  
12  
171

For information on Aquatic Adapted Lessons and Inclusion Support, please see page 25.
LEADERSHIP PROGRESSION CHART

- Swim and Lifesaving Instructor
- Assistant Instructor
- National Lifeguard (Pool)
- Bronze Cross with Standard First Aid
- Bronze Medallion with Emergency First Aid
- Bronze Star
- Swim Patrol (Swimmer 7-9)
- Learn to Swim Program (Swimmer 1-6)

For prerequisites and age requirements please refer to course descriptions.

Aquatic Leadership Programs

BRONZE STAR

A preparation course for aquatic leadership programs. Participants learn problem-solving and decision-making skills, lifesaving rescue techniques, CPR, and develop lifesaving fitness. Includes a timed 400m swim. Prerequisite: Completion Swimmer 9.

10 - 12 Years

CALEDON CENTRE FOR RECREATION & WELLNESS

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Price</th>
<th>Reg</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mar 25-Jun 10</td>
<td>Mon</td>
<td>7:00pm-8:00pm</td>
<td>$107.25</td>
<td>11</td>
<td>82</td>
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<tr>
<td>Mar 30-Jun 15</td>
<td>Sat</td>
<td>8:30am-9:30am</td>
<td>$107.25</td>
<td>11</td>
<td>355</td>
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<tr>
<td>Jul 15-Jul 26</td>
<td>Mon-Fri</td>
<td>11:00am-12:00pm</td>
<td>$97.50</td>
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<td>609</td>
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<tr>
<td>Aug 06-Aug 29</td>
<td>Tue/Thu</td>
<td>4:00pm-5:00pm</td>
<td>$78.00</td>
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MAYFIELD RECREATION COMPLEX

<table>
<thead>
<tr>
<th>Date</th>
<th>Days</th>
<th>Time</th>
<th>Price</th>
<th>Reg</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mar 25-Jun 10</td>
<td>Mon</td>
<td>7:30pm-8:30pm</td>
<td>$107.25</td>
<td>11</td>
<td>988</td>
</tr>
<tr>
<td>Mar 26-Jun 11</td>
<td>Tue</td>
<td>8:00pm-9:00pm</td>
<td>$117.00</td>
<td>12</td>
<td>989</td>
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<tr>
<td>Mar 30-Jun 15</td>
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<td>4:15pm-5:15pm</td>
<td>$107.25</td>
<td>11</td>
<td>990</td>
</tr>
<tr>
<td>Jul 02-Jul 12</td>
<td>Mon-Fri</td>
<td>6:30pm-7:30pm</td>
<td>$87.75</td>
<td>9</td>
<td>1353</td>
</tr>
<tr>
<td>Jul 29-Aug 09</td>
<td>Mon-Fri</td>
<td>3:30pm-4:30pm</td>
<td>$87.75</td>
<td>9</td>
<td>2088</td>
</tr>
</tbody>
</table>

For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327
BRONZE MEDALLION & EMERGENCY FIRST AID
The first prerequisite course for aquatic leadership programs. Includes a timed 500m swim and basic lifesaver techniques, and safety. Emergency First Aid provides general knowledge of first aid principles. During this course, time will be split between classroom and pool time. Material fees apply. Prerequisite: Minimum 13 years of age or Bronze Star Certification (need not be current).
13 Years + or Completion of Bronze Star
CALEDON CENTRE FOR RECREATION & WELLNESS
Apr 14-Jun 23 Sun 1:30pm-3:30pm $123.42 10 1721
Apr 16-Jun 18 Tue 6:00pm-8:30pm $123.42 10 1728
Jul 20-Jul 28 Sat/Sun 9:00am-5:30pm $123.42 4 1729
MAYFIELD RECREATION COMPLEX
Mar 26-Jun 11 Tue 5:45pm-8:00pm $123.42 12 991
Mar 30-May 04 Sat 2:00pm-7:00pm $123.42 5 1544
Jul 02-Jul 12 Mon-Fri 6:15pm-9:00pm $123.42 9 1653
Jul 29-Aug 09 Mon-Fri 6:15pm-9:00pm $123.42 9 1683

BRONZE CROSS & STANDARD FIRST AID
The final prerequisite course for all advanced aquatic leadership programs. Includes a 600m timed swim, lifesaver techniques, and safety rescues. Standard First Aid provides comprehensive training on all aspects of first aid. Time will be split between classroom and pool time. Material fees apply. Prerequisite: Bronze Medalion and Emergency First Aid (need not be current).
13 Years +
CALEDON CENTRE FOR RECREATION & WELLNESS
Apr 13-Jun 22 Sat 2:00pm-5:00pm $176.46 10 1731
Aug 10-Aug 18 Sat/Sun 8:30am-5:00pm $176.46 4 1733
MAYFIELD RECREATION COMPLEX
Mar 27-Jun 12 Wed 6:00pm-8:30pm $176.46 12 1549
May 11-Jun 15 Sat 2:00pm-7:00pm $176.46 6 1692
Jul 15-Jul 26 Mon-Fri 5:45pm-8:45pm $176.46 10 1675
Aug 12-Aug 23 Mon-Fri 5:45pm-8:45pm $176.46 10 1685

LSS ASSISTANT INSTRUCTOR
A preparation course which introduces future instructor candidates to the principles of learning and teaching, and mastering basic teaching progressions. The roles and responsibilities of instructors and assistant instructors are emphasized. Material fees apply. 100% Attendance is mandatory for this course. Prerequisite: Bronze Cross certification and 14 years of age.
14 Years +
CALEDON CENTRE FOR RECREATION & WELLNESS
Jul 06-Jul 07 Sat-Sun 9:00am-6:30pm $117.30 2 1740
MAYFIELD RECREATION COMPLEX
Aug 10-Aug 17 Sat 9:00am-6:30pm $117.30 2 2223

LSS SWIM AND LIFESAVING INSTRUCTOR
Instructor candidates learn to teach and evaluate basic swimming strokes and skills, lifesaving and first aid skills as well as resuscitation techniques as per Lifesaving Society standards. Candidates acquire proven teaching methods, a variety of stroke development drills and correction techniques. Material fees apply. 100% Attendance is mandatory for this course. Prerequisite: Bronze Cross and 16 years of age.
16 Years +
CALEDON CENTRE FOR RECREATION & WELLNESS
Jun 07-Jun 16 Fri-Sun 6:00pm-10:00pm $224.40 6 1742
MAYFIELD RECREATION COMPLEX
Apr 06-May 11 Fri 6:00pm-10:00pm, Sat/Sun 9:30am-5:30pm $224.40 6 1695
Sep 06-Sep 15 Fri 5:00pm-9:00pm Sat/Sun 9:00am-5:30pm $224.40 6 2225

NATIONAL LIFEGUARD
The National Lifeguard certification builds on the fundamental skills, knowledge and values of the Lifesaving Society to develop the practical skills and knowledge required by lifeguards. 100% Attendance is mandatory for this course. Material fees apply. Prerequisite: Minimum 16 years of age, Bronze Cross certification, and Standard First Aid from one of; Lifesaving Society, St. John Ambulance, Canadian Red Cross Society, Canadian Ski Patrol (need not be current).
16 Years +
CALEDON CENTRE FOR RECREATION & WELLNESS
May 24-Jun 02 Fri 6:00pm-10:00pm Sat/Sun 9:00am-5:30pm $183.00 6 1737
MAYFIELD RECREATION COMPLEX
Aug 26-Aug 30 Mon-Fri 9:00am-6:30pm $183.00 5 2260

NATIONAL LIFEGUARD RECERTIFICATION
This recertification clinic is for certified NL lifeguards. You must bring your NL card and photo identification to the course. This is a reexamination and involves life guarding skill, first aid skills, fitness skills and situations. 100% Attendance is mandatory for this course.
16 Years +
CALEDON CENTRE FOR RECREATION & WELLNESS
Aug 18-Aug 18 Sun 1:30pm-5:30pm $91.00 1 1743

For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327
### Drop-In Skating

<table>
<thead>
<tr>
<th>PROGRAM</th>
<th>DESCRIPTION</th>
<th>FEES (Taxes included)</th>
<th>10x Passes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Skate</td>
<td><strong>General skating</strong> - Approved skate aids are permitted in beginner area ONLY.</td>
<td>Adult</td>
<td>Adult</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Youth / Student / Adult ODSP / 55+</td>
<td>$3.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Group</td>
<td>$3.50</td>
</tr>
<tr>
<td></td>
<td><strong>Adult Skate 18+</strong></td>
<td>Adult</td>
<td>$33.70</td>
</tr>
<tr>
<td></td>
<td>Adults 18 years of age or older – no children permitted</td>
<td>Youth / Student / Adult ODSP / 55+</td>
<td>$27.00 Group</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Group</td>
<td>$76.50</td>
</tr>
</tbody>
</table>

| Parent and Child Skate| **Children must be accompanied by a parent / guardian.** Approved skate aids are permitted in beginner area ONLY. | Adult                                                                                   | Adult              |
|                       |                                                                             | Youth / Student / Adult ODSP / 55+                                                  | $3.00              |
|                       |                                                                             | Group                                                                                  | $3.50              |

| Shinny Skates         | **Adults 18+**                                                              | Adult                                                                                 | Adult              |
|                       |                                                                             | Youth / Student / Adult ODSP / 55+                                                  | $3.00              |
|                       |                                                                             | Group                                                                                  | $3.50              |
|                       | **Adults 55+**                                                              | Adult                                                                                 | $33.70             |
|                       |                                                                             | Youth / Student / Adult ODSP / 55+                                                  | $27.00 Group       |
|                       |                                                                             | Group                                                                                  | $76.50             |
|                       | **Women 18+**                                                               | Adult                                                                                 | Adult              |
|                       |                                                                             | Youth / Student / Adult ODSP / 55+                                                  | $3.00              |
|                       |                                                                             | Group                                                                                  | $3.50              |
|                       | **Youth 13 - 17 years**                                                    | Adult                                                                                 | Adult              |
|                       |                                                                             | Youth / Student / Adult ODSP / 55+                                                  | $3.00              |
|                       |                                                                             | Group                                                                                  | $3.50              |
|                       | **Parent and Child Shinny 6 - 12 years, with parent**                       | Adult                                                                                 | Adult              |
|                       |                                                                             | Youth / Student / Adult ODSP / 55+                                                  | $3.00              |
|                       |                                                                             | Group                                                                                  | $3.50              |

CSA-approved hockey helmets and full face masks are strongly recommended. Full equipment is strongly recommended for shinny. **Adult ODSP:** individuals in receipt of benefits provided by Ontario Disability Support Program

### DROP-IN AGE CATEGORIES

<table>
<thead>
<tr>
<th>Adult: 18 years +</th>
<th>Youth: under 18 years</th>
<th>Student: 18 to 54 years (with valid student identification)</th>
</tr>
</thead>
<tbody>
<tr>
<td>55+: Adult 55 years +</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Group: up to 5 people (max. 2 adults)
Group & Private Skating Lessons

What to wear
Participants must wear CSA-approved helmet and single-blade skates prior to accessing the ice. Warm clothing consisting of a jacket, snowpants and gloves is recommended.

Make-up lessons
Skating programs may be cancelled due to unforeseen challenges. The Town of Caledon will do all we can to compensate for the loss of program time. Make-up classes or compensation will not be available due to participant absence from programming.

Cancellation dates
Skating programs may have dates that have been cancelled or postponed due to holidays or facility maintenance. These dates will appear on your registration receipt. Course lengths and fees have already been adjusted due to any cancelled dates.

Registration after the third lesson
To ensure program consistency, registration will not be permitted following the start of the third lesson.

LEARN TO SKATE PRESCHOOL 1
This program is designed for children with no previous skating experience. The instructor will encourage the child to learn standing and stepping on their own through different exercises, games and songs. Participant must wear properly fastened CSA approved helmet and skates.

3 - 6 Years

CALEDON EAST COMMUNITY COMPLEX
Apr 27-Jun 22 Sat 1:00pm-1:30pm $61.52 8 1575
Apr 27-Jun 22 Sat 1:30pm-2:00pm $61.52 8 1578
Apr 27-Jun 22 Sat 2:00pm-2:30pm $61.52 8 1580

LEARN TO SKATE PRESCHOOL 2
This program is designed for children who are able to stand up on the ice. The instructor will encourage the child to learn movement on the ice through different exercises, games and songs. Participant must wear properly fastened CSA approved helmet and skates.

3 - 6 Years

CALEDON EAST COMMUNITY COMPLEX
Apr 27-Jun 22 Sat 1:00pm-1:30pm $61.52 8 1589
Apr 27-Jun 22 Sat 1:30pm-2:00pm $61.52 8 1590
Apr 27-Jun 22 Sat 2:00pm-2:30pm $61.52 8 1591

LEARN TO SKATE PRESCHOOL 3
This program is designed for children who are able to stand up and walk on the ice. The instructor will encourage the child to glide on the ice through different exercises, games and songs. Participant must wear properly fastened CSA approved helmet and skates.

3 - 6 Years

CALEDON EAST COMMUNITY COMPLEX
Apr 27-Jun 22 Sat 1:00pm-1:30pm $61.52 8 1595
Apr 27-Jun 22 Sat 1:30pm-2:00pm $61.52 8 1596
Apr 27-Jun 22 Sat 2:00pm-2:30pm $61.52 8 1598

LEARN TO SKATE YOUTH 1
This program is designed for children 7 - 13 years with no skating experience. The instructor will encourage the child to learn movement on the ice through different exercises and games. Participant must wear properly fastened CSA approved helmet and skates.

7 - 13 Years

CALEDON EAST COMMUNITY COMPLEX
Apr 27-Jun 22 Sat 1:00pm-1:30pm $61.52 8 1554
Apr 27-Jun 22 Sat 1:30pm-2:00pm $61.52 8 1557
Apr 27-Jun 22 Sat 2:00pm-2:30pm $61.52 8 1558

LEARN TO SKATE YOUTH 2
This program is designed for children 7 - 13 years who are able to stand up and walk on the ice. The instructor will encourage the child to glide on the ice through different exercises and games. Participant must wear properly fastened CSA approved helmet and skates.

7 - 13 Years

CALEDON EAST COMMUNITY COMPLEX
Apr 27-Jun 22 Sat 1:00pm-1:30pm $61.52 8 1561
Apr 27-Jun 22 Sat 1:30pm-2:00pm $61.52 8 1564
Apr 27-Jun 22 Sat 2:00pm-2:30pm $61.52 8 1562

PRIVATE LESSONS

LEARN TO SKATE PRIVATE LESSONS
Private skate lessons provide a smaller instructor-to-participant ratio with a limit of one skater per class. The Learn to Skate program is designed to teach the basics of skating. Lessons are available throughout the Preschool 1 – 3 and Youth 1 – 2 levels.

3 - 13 Years

CALEDON EAST COMMUNITY COMPLEX
Apr 27-Jun 22 Sat 1:00pm-1:30pm $156.08 8 1545
Apr 27-Jun 22 Sat 1:00pm-1:30pm $156.08 8 1546
Apr 27-Jun 22 Sat 1:30pm-2:00pm $156.08 8 1547
Apr 27-Jun 22 Sat 1:30pm-2:00pm $156.08 8 1548
Apr 27-Jun 22 Sat 2:00pm-2:30pm $156.08 8 1550
Apr 27-Jun 22 Sat 2:00pm-2:30pm $156.08 8 1552
Branches

Albion Bolton Branch
150 Queen St. S.
905-857-1400
Monday - Thursday
10 am - 8:30 pm
Friday
10 am - 6 pm
Saturday
10 am - 4 pm
Sunday
12 noon - 4 pm*
*closed on Sundays in July & August

Alton Branch
35 Station St.
519-941-5480
Tuesday
10 am - 8:30 pm
Wednesday
12:30 pm - 8:30 pm
Thursday
10 am - 6 pm
Saturday
10 am - 4 pm

Caledon East Branch*
6500 Old Church Rd.
905-584-1456
Monday
9 am - 3 pm
Tuesday - Thursday
9 am - 8:30 pm
Friday
9 am - 6 pm
Saturday
10 am - 4 pm

Caledon Village Branch
18213 Hurontario St.
905-927-5800
Tuesday
2 pm - 8:30 pm
Wednesday
10 am - 6 pm
Thursday
10 am - 8:30 pm
Friday
10 am - 6 pm
Saturday
10 am - 4 pm

Inglewood Branch
15825 McLaughlin Rd.
905-838-3324
Tuesday
2 pm - 8:30 pm
Wednesday
10 am - 6 pm
Thursday
2 pm - 8:30 pm
Saturday
10 am - 4 pm

Margaret Dunn
Valleywood Branch
20 Sneclrest Dr.
905-843-0457
Monday - Tuesday
2 pm - 8:30 pm
Wednesday
10 am - 6 pm
Thursday
2 pm - 8:30 pm
Friday
10 am - 6 pm
Saturday
10 am - 4 pm

Belfountain Lockers
17204 Mississauga Rd.
Open 24/7 with key code
Place holds on materials online & pick-up/drop-off.

Pop-Up Library in the Storefront at Southfields
12560 Kennedy Rd., Unit 5
Pop-Up Library is onsite every Tuesday | 4 pm - 7 pm

All Branches Will Be Closed:
Good Friday
Friday, April 19
Easter Sunday
Sunday, April 21
Easter Monday
Monday, April 22
Victoria Day
Monday, May 20
Canada Day
Monday, July 1

At the Library

Library Cards
A CPL card is free to all who live, work, or attend school in Caledon, and in many of our neighbouring communities. Your card must be shown each time you borrow materials.

Local History
Discover Caledon’s history through books, online resources, and displays at our dedicated space on the 2nd floor of the Albion Bolton Branch. In addition, access to ancestry.ca is available from within all library branches.

Community Corner
The Community Corner is located in the Albion Bolton Branch for our community partners to provide outreach services and share information about their organizations.

Reference
Looking for the next great read? Researching travel plans? Looking for Consumer Reports? Our reference experts are here to help. Call, text, email or drop into any branch.

Email Subscriptions
Learn about upcoming programs and events, receive recommended reading lists, read our latest blogs, get notifications about new material arrivals and more. Sign up on the library website.

Visiting Library Service
Visiting Library Service (VLS) delivers library materials to patrons who are homebound. Also, in partnership with Caledon Meals on Wheels (CMOW), patrons have the option to enjoy more companionship and social interaction with CMOW’s Friendly Visiting program. Email vls@caledon.library.on.ca for more information.

Questions? Send us a text!
416.828.7086

For more information, please visit www.caledon.library.on.ca or call 905-857-1400
Caledon Public Library

Digital Collection

CPL’s comprehensive digital library collection includes research databases, language-learning, streaming services, online self-improvement courses and electronic books, magazines, newspapers – and so much more.

Hoopla
Stream and download movies, music, TV shows, audiobooks, eBooks and comics on your phone, tablet, computer and TV.

Kanopy
Stream classic cinema, indie films and top documentaries to your computer, phone or tablet.

Overdrive
Explore a large collection of fiction and non-fiction eBooks, eAudiobooks and more – anywhere, anytime.

Gale Courses
Access online, instructor-led courses focused on professional development, technology skills and personal enrichment.

Mango Languages
Learn languages online and on-the-go. Offering 60 foreign languages and 17 ESL courses.

Little Pim NEW
Little Pim offers language learning programs with interactive videos in 12 different languages. For children ages 0 to 6.

Reference Canada Business Directory NEW
Contains detailed information and industry profiles for 1.9 million Canadian businesses. Search by type and of size of business, executive title, geography and more.

Consumer Reports
Unbiased and evidence-based product testing, ratings and reviews for thousands of consumer products. Check these reviews before your next big purchase.

Chronicles of Caledon
A digital platform to encourage the creation and sharing of collections and stories by community members and organizations.

Visit the library website to discover the full digital collection.

Special Collections

CPL offers a growing number of non-traditional items in our special collections. The goal of this collection is to encourage discovery, innovation and creativity in our community.

Hot Spots
Check out the Internet! Borrow a mobile Wi-Fi hotspot and get online anywhere in Canada where there’s Rogers cell coverage. Unlimited data, can be borrowed for one week.

Seed Library
This is a community-led seed-borrowing initiative. Browse the collection at the Albion Bolton and Inglewood Branches, select some seeds, then check them out at no cost.

Launch Pads
Launch Pads are tablets preloaded with fun, informational content for kids that can be checked out with a library card – no WiFi needed!

Museum / Park Passes
Free passes are available for Credit Valley Conservation (CVC), Toronto and Region Conservation Authority (TRCA) parks and the Peel Art Gallery Museum and Archives (PAMA).

Binoculars
Binoculars are available to borrow at all six branches. Pair with a free CVC and TRCA Parks pass and enjoy the great outdoors.

Pedometers
Keep track of your steps with a simple device that you can clip to your waistband, or wear on a lanyard around your neck.

Blood Pressure Kits
Blood pressure monitoring kits are available at all six CPL branches and have a three week loan period.

For more about our special collections, visit the library website.
Caledon Public Library offers regular story times from September to May to assist with the development of literacy skills. Each program is developed for a specific age group to encourage participation and engagement.

**Baby Time**
Songs, simple bouncing and tickling rhymes and circle activities that help develop babies' large and fine motor skills. Birth to 2 years.

**Wiggles and Giggles**
Get moving! Make some noise! Stories have never seemed so fun. Wiggles and giggles guaranteed! Birth to 3 years.

**Imagination Station**
Join us for fun and enrich the imagination with favourite songs, stories, puppets and rhymes. Build a lifelong love of reading through language and social development. Birth to 5 years.

**Parachute Play**
Listen to stories, rhymes, and songs using the parachute. Birth to 5 years.

All of our story times are drop-in – no need to register! For dates, times and locations, visit the library website.

---

**Teen**

 Volunteer Opportunities
CPL’s Teen Volunteer Program matches youth (ages 12 - 17) with engaging, age-appropriate volunteer opportunities throughout the year and at various branches. Students must attend a volunteer orientation in order to volunteer. Participants must have a parent/guardian present for the first 30 minutes of orientation. Opportunities include: Reading Buddies; Tech Savvy Teens; Casual Volunteer Assist; Sneak Peeks Reviewer; Teen Advisory Group (TAG). Interested? Contact ysvolunteers@caledon.library.on.ca

**Teen Comic Expo**
Calling all superhero, Marvel, Avengers, anime and graphic novel enthusiasts! Be sure to mark May 4, 2019 on your calendar to attend CPL’s annual Teen Comic Expo!

**Elizabeth Scavetta Memorial Teen Short Story Contest**
CPL is honoured to celebrate the 13th anniversary of this very special teen short story contest, named in memory of Elizabeth Scavetta, a promising, gifted young writer who placed first in the inaugural CPL Teen Short Story Contest in 2003. Story guidelines on the library website, submissions will be accepted until March 16, 2019.

**Battle of the Reels**
CPL’s new film competition for high school students (grades 9-12) provides aspiring directors, producers, cinematographers and film editors a chance to submit an original short film online for a chance to win a prize. Contest runs April 1 – December 1, 2019. Films must be completed within 2019. Complete details on the library website.

---

**Family**

**EXPERIENCE IT**

**CPL Tech Fair @ Caledon Day** Explore cutting edge technology and learn about virtual reality, robotics, 3D printing and more. Discover the latest and greatest technologies and get involved in interactive and hands-on demonstrations. Fun for all ages and abilities. Saturday June 16 | Caledon Civic Campus

**Three Communities, One Story** Together with the Brampton and Mississauga public library systems, Caledon Public Library is excited to take part in this early literacy initiative, in which we encourage our communities to read one book with their families – Spork, written by Kyo Maclear, illustrated by Isabelle Arsenault. We’ll have events running from January to June, culminating with a visit from the author on June 22.
**Adult**

**Writers’ Ink**
This program provides a venue for experienced and aspiring writers, novelists and poets to meet regularly and share their works in a safe, nonjudgmental environment, including their own private blog.

<table>
<thead>
<tr>
<th>Location</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALBION BOLTON</td>
<td>1st &amp; 3rd Mondays</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>ALTON</td>
<td>1st Wednesday</td>
<td>6:30 pm</td>
</tr>
<tr>
<td>M.D. VALLEYWOOD</td>
<td>2nd Friday</td>
<td>1:00 pm</td>
</tr>
</tbody>
</table>

**Book Clubs**
CPL Book Clubs offer book lovers the opportunity to meet and discuss books and authors with others. Book clubs provide the perfect venue for enhancing your understanding of a book.

<table>
<thead>
<tr>
<th>Location</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALBION BOLTON MYSTERY BC</td>
<td>3rd Tuesday</td>
<td>1:00 pm</td>
</tr>
<tr>
<td>ALTON</td>
<td>1st Tuesday</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>ALTON SENIORS</td>
<td>3rd Wednesday</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>CALEDON EAST</td>
<td>3rd Thursday</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>CALEDON EAST SENIORS</td>
<td>1st Tuesday</td>
<td>10:00 am</td>
</tr>
<tr>
<td>CALEDON VILLAGE</td>
<td>2nd Tuesday</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>CALEDON VILLAGE SENIORS</td>
<td>1st Friday</td>
<td>10:30 am</td>
</tr>
<tr>
<td>INGLEWOOD</td>
<td>4th Tuesday</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>M.D. VALLEYWOOD</td>
<td>4th Monday</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>M.D. VALLEYWOOD SENIORS</td>
<td>3rd Wednesday</td>
<td>2:00 pm</td>
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</tbody>
</table>

**Knit & Knatter**
Knitters and crocheters gather for an evening of creation, camaraderie and laughter.

<table>
<thead>
<tr>
<th>Location</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALBION BOLTON</td>
<td>Wednesdays</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>ALTON</td>
<td>Wednesdays</td>
<td>7:00 pm</td>
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<tr>
<td>CALEDON VILLAGE</td>
<td>Thursdays</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>M.D. VALLEYWOOD</td>
<td>Fridays</td>
<td>1:00 pm</td>
</tr>
</tbody>
</table>

**June is Seniors Month!**
Throughout the year we recognize seniors in our region, with programming specific to their needs. In addition, the month of June is dedicated to celebrating seniors in Ontario, and as part of that celebration, we host a Seniors Luncheon – in partnership with Caledon Meals on Wheels – to honour their contribution and special place in our community. For more information, visit the library website.

**Services**

- Free WiFi and public access computers
- Bulletin boards and art exhibit display space
- Battery & electronic recycling (details online)
- Pay Town of Caledon property taxes and buy Region of Peel garbage tags
- Digital Library including research tools/databases
- Printing, photocopying, scanning, faxing*
- Download eBooks, digital newspapers and magazines, and eAudiobooks

*Charges may apply for specific services. Visit the CPL website for details.

**The New York Times**
NEW! Enjoy free online access to the New York Times with your library card.

**Summer Reading**
Caledon Public Library’s summer reading programs for all ages will help you find and explore your passions, and join in conversations with others along the way.

**For kids:** TD Summer Reading Program – this year’s theme is the Natural World. Explore the stories and science of nature through adventure and play.

**For teens:** Join us for a spectacular summer reading challenge. Just for reading, teens can win amazing prizes!

**For adults:** An easy, no fuss program – read 10 books, and qualify to win a reading basket.

For details on all of our summer reading programs, visit the library website.

**Books and Beyond**
Books and Beyond is your guide to programs and services happening throughout the year at Caledon Public Library. Pick up the latest copy at any branch, or visit the library website.

caledon.library.on.ca
Community Group Affiliation

The Town of Caledon proudly supports local organizations in the delivery of sport, recreation, arts and cultural activities through the Community Group Affiliation process. Some benefits of affiliation include discounted rates, priority booking and much more.

For more information on applying, contact recreation@caledon.ca. A detailed directory of community contacts is available at www.caledon.ca.

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For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327.

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**Community Group Affiliation**

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**Special Olympics**
go.specialolympicsontario.ca/caledon

**Caledon Oldies Hockey League**
905.584.2886

**Village of Inglewood Association**
villageofinglewood.com

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**Bolton Braves Baseball Association**
boltonbravesbaseball.com

**Caledon Centennial Skating Club**
caledonskatingclub.com

**Caledon Senior Hockey League**
caledonseniorhockey.ca

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**Bolton Oldtimers Hockey**
416.560.0294

**Caledon Concert Band**
caledonconcertband.ca

**Caledon Soccer Club**
caledonsoccer.com

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**Bolton Probus**
dmazeau@rogers.com

**Caledon Girls Hockey Association**
caledoncoyotes.com

**Rotary Club of Palgrave**
rotaryclubofpalgrave.com

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**Bolton Recreational Sports Club**
boltonrecsportclub.ca

**Caledon Minor Hockey Association**
caledonminorhockey.ca

**Dorado Stars Swim Club**
doradostars.ca

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**Bolton Skating Club**
boltonskatingclub.ca

**Caledon Golden Hawks**
jr.goldenhawks.pointstreaksites.com

**Oneida Circle Youth Program**
oneidacircle.org

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**Bolton Wanderers Soccer Club**
bwsc.ca

**Caledon Minor Ball Hockey League**
caledonballhockey.com

**Orangeville Outlaws**
orangevilleoutlaws.com

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**Special Olympics are now offering opportunities in Caledon!**

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go.specialolympicsontario.ca/caledon

**Caledon Oldies Hockey League**
905.584.2886

**Village of Inglewood Association**
villageofinglewood.com

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**Bolton Braves Baseball Association**
boltonbravesbaseball.com

**Caledon Centennial Skating Club**
caledonskatingclub.com

**Caledon Senior Hockey League**
caledonseniorhockey.ca

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**Bolton Oldtimers Hockey**
416.560.0294

**Caledon Concert Band**
caledonconcertband.ca

**Caledon Soccer Club**
caledonsoccer.com

---

**Bolton Probus**
dmazeau@rogers.com

**Caledon Girls Hockey Association**
caledoncoyotes.com

**Rotary Club of Palgrave**
rotaryclubofpalgrave.com

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**Bolton Recreational Sports Club**
boltonrecsportclub.ca

**Caledon Minor Hockey Association**
caledonminorhockey.ca

**Dorado Stars Swim Club**
doradostars.ca

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**Bolton Skating Club**
boltonskatingclub.ca

**Caledon Golden Hawks**
jr.goldenhawks.pointstreaksites.com

**Oneida Circle Youth Program**
oneidacircle.org

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**Bolton Wanderers Soccer Club**
bwsc.ca

**Caledon Minor Ball Hockey League**
caledonballhockey.com

**Orangeville Outlaws**
orangevilleoutlaws.com

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<table>
<thead>
<tr>
<th>Community Groups</th>
</tr>
</thead>
</table>
| **1st Mono Mills Scouts**  
519.941.4927  
britnells@sympatico.ca |
| **Alton Mill Arts Centre**  
altonmill.ca |
| **Alton Village Association**  
altonvillage.org |
| **Bandits Jr. C Lacrosse**  
905.601.2472 |
| **Belfountain Community Organization**  
belfountain.ca |
| **Blueprint Hockey**  
416.917.3966  
blueprinthockey.com |
| **Bolton & District Horticultural Society (BDHS)**  
905.880.2941  
boltonhort.info |
| **Bolton Ladies 3 Pitch**  
Softball League  
905.857.0019  
gundaherzog@sympatico.ca |
| **Bolton & District Lions Club**  
boltonlions.com |
| **Boys & Girls Club of Peel**  
bgcpeel.org |
| **Brampton Acro Ropers**  
bramptonacroropers.com |
| **C3 Canadian Cross Training Club**  
647.400.3845  
info@c3online.ca  
c3online.ca |
| **Caledon Community Services**  
info@ccs4u.org |
| **Caledon Cougars Basketball Association**  
caledoncougars.ca |
| **Caledon East Seniors Club**  
905.951.9376 |
| **Caledon East Tennis Club**  
905.584.9101  
loubyle@rogers.com |
| **Caledon Hills Bruce Trail Club**  
caledonbrucetrail.org |
| **Caledon Horticultural Society**  
gardenontario.org/site.php/caledon |
| **Caledon Karate**  
416.723.8257  
caledonkarate@gmail.com |
| **Caledon Kennel Association**  
905.880.1770  
pringle.joanne@gmail.com |
| **Caledon Parent Child Centre**  
905.857.0090  
www.cp-cc.org |
| **Caledon Seniors Council**  
905.584.0591 |
| **Caledon Village Assoc.**  
caledonvillage@rogers.com  
caledonvillage.org |
| **Caledon Tennis Club**  
president@caledontennisclub.com  
caledontennisclub.com |
| **Credit Valley Conservation**  
1.800.668.5557  
cvc@creditvalleyca.ca |
| **Caledon Seniors Centre**  
905.951.6114  
caledonseniors.ca |
| **Caledon Women’s Hockey**  
905.584.0257  
whitten_lynda16@hotmail.com |
| **The Claymore Dancers**  
Claymore.dancers@gmail.com  
Claymoredancers.weebly.com |
| **DARE Arts**  
darearts.com |
| **ecoCaledon**  
ecocaledon.org |
| **Friends of Caledon Public Library**  
905.838.3824  
focpl@outlook.com |
| **Girls Can Too**  
trca.ca/learning/bolton-camp-project/girls-can-too/ |
| **Headwaters Arts**  
headwatersarts.com |
| **Humber Valley Heritage Trail Assoc.**  
hvtrail@gmail.com  
Humbertrail.org |
| **Leisure King Beach Volleyball**  
info@leisureking.ca |
| **Kinsmen Club of Bolton**  
boltonkin.com |
| **Optimist Club of Caledon**  
416.315.4472  
www.caledonoptimists.org |
| **Orangeville Minor Baseball Association**  
www.playbaseball.ca  
phil@playbaseball.ca |
| **Peel Art Gallery Museum and Archives**  
www.playbaseball.ca  
phil@playbaseball.ca |
| **RCSCC Crescent (Bolton Sea Cadets)**  
905.857.5055  
boltonseacadets@hotmail.com |
| **Rotary Club of Bolton**  
905.880.9033  
boltonrotary@gmail.com |
| **Rotary Club of Palgrave**  
bernie1590@gmail.com  
905.583.0200 |
| **Sandhill Pipes and Drums**  
sandhillpipesanddrums.com |
| **South Caledon Soccer Club**  
southcaledonsoccerclub.ca |
| **Southfields Village Residents Group**  
sfvrg@live.com |
| **Terra Cotta Community Centre**  
terracottacomunitycentre.com |
| **Toronto and Region Conservation Authority**  
trca.ca |
| **Tot Shots Soccer Club**  
416.908.3612  
BramptonNorthSoccer.com |
| **Valleywood Residents Association**  
valleywoodnews.ca |
Physical Activity in Caledon

Are you looking for House League Soccer for your child(ren) ages 3 – 14?
Join the South Caledon Soccer Club, located at the Lina Marino Park in Valleywood, with some practice fields located in Southfields Village.
Special rate just $99 for all U4 players!
Same family registrations include a multi-player discount*

SPONSOR A DROP-IN ACTIVITY

For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327

Are you looking for House League Soccer for your child(ren) ages 3 – 14?
Join the South Caledon Soccer Club, located at the Lina Marino Park in Valleywood, with some practice fields located in Southfields Village.
Special rate just $99 for all U4 players!
Same family registrations include a multi-player discount*

Regular rates after Feb. 28th.
Sponsorships always welcome, uniforms are provided! Join today!
*Only applicable for age groups U6 and up. Please note some age groups, U4 and U6 fill quickly. Register early to avoid disappointment!

Register online at www.southcaledonpoweredclub.ca

Empowering Children With Disabilities Through Baseball

Welcome to South Caledon, a community driven by passion and inclusivity.

Volunteer Become a Buddy! Become a Coach!
In Challenger Baseball, "buddies" provide the most important function for the players: creating a safe environment. They also provide a mentoring role, helping their partners with catching, throwing, batting and getting around the bases. We are looking for motivated, volunteer driven, youth leaders in our community to become Buddies for this event. If that fits your vision, we would love to hear from you.

Registration BoltonBravesBaseball.com
Program Inquiries CaledonChallengerBaseball@gmail.com
Volunteer CaledonChallengerBuddy@gmail.com

Come Play Soccer with South Caledon Soccer Club
It's never too early to think about Summer!

For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327

Advertisements
2019 Outdoor Season
In person Registration Dates:
Saturday February 23, 2019
Saturday March 23, 2019

Please visit our website
www.caledonsofc.com for
registration information and
online registration

Exciting New Programs for 2019

Caledon Soccer Club is very excited to introduce our new House League program for 2019
and introduction of Caledon Soccer Club Academy.

House League Programs
House League: U4 to U6 no changes, one night per week with a practice before the game
House League: U8 to U12, play one game per week with assigned team and coached by a volunteer parent
House League Plus: U8 to U12, one game plus one practice session per week with a paid Technical Staff Coach

Caledon Soccer Club Academy
Programs offered for parents looking for additional training for their child.
All programs listed on the Caledon SC web site coming soon.
Visit: caledonsofc.com

Additional Programs:
House League - Age Groups - U3, U14 to U18, Men’s League
Development Teams - U8 to U12 - Competitive Teams U13 to U18 - Adult Competitive

Brampton North Soccer Club
Serving the Communities of North Brampton & South Caledon
YOU ARE OUR COMMUNITIES & WE ARE YOUR CLUB

Register Early
For BIG SAVINGS!
Season begins in May &
Ends in August with our
Community Awards Day
Extravaganza

Voted the #1 Club

Register Online at
BramptonNorthSoccer.com

Offering
Westside Play at
Cassie Campbell &
Eastside Play at
Mayfield SS
For Boys & Girls
ages 3 years to 17
Summer & Winter
Programs
Year round leagues &
training

Registration for Summer
2019 Opens January 1

For more information, please visit caledon.ca/recreation or call 905.584.2272 x.7327
An inspiring place to hold your community or business event

Have an idea or interest to share?

Need a place to stage an activity, class, or workshop?

Caledon's Hub for individuals, families, friends, clubs, groups, and businesses.

Meeting rooms, AV, Kitchen

Can CCS transportation get you there? Find out at 905 584 2300 x204

f         twitter  #beyond4walls  CaledonExchange.org

55 Healey Rd, Bolton 289 966 1715
COMING SOON TO CALEDON

Lighted Artificial Turf with Eight-Lane Track

Located at Humberview Secondary School
135 Kingsview Drive, Bolton

For more details visit caledon.ca/majorprojects

In partnership with the Peel District School Board
Starting or Growing a Business?

WE CAN HELP!

TOWN OF CALEDON

905.584.2272 x.5131  caledon.ca/cbiz  business@caledon.ca
DISCOVER
THE COUNTRY DAY SCHOOL

CALL US TO BOOK YOUR PERSONAL TOUR TODAY!
905-833-1972

Every child has a future waiting to emerge. A passion ready to ignite. We offer the possibilities that make it happen. A place where they are known, supported and inspired. Soccer cleats, theatrical costumes, or robotics code? A goal, a song, or a speech? With us, students discover themselves. They find big, dreamy answers to the most important question of all:

WHO WILL YOU BE?
cds.on.ca/whowillyoube

The Country Day School offers JK-12 in a co-ed, non-denominational environment located on 100 beautiful acres in King.

13415 Dufferin Street, King, Ontario  L7B 1K5   T: 905 833 1972   www.cds.on.ca

CDS SUMMER CAMP
BASKETBALL • MULTI-SPORT • SOCCER • TENNIS • VOLLEYBALL • ART • DRAMA
LIT • MINDBUSTERS • ROBOTICS

www.cds.on.ca/summercamp
Welcome to Summer Camp!

The Town of Caledon Recreation is committed to providing a fun and safe camp experience for all our participants. You will find a variety of activities to ensure everyone enjoys their summer camp experience. Inclusion opportunities are available for those with additional needs.

How to Register

If you have any questions about Caledon’s summer camps, you can reach us at recreation@caledon.ca or call 905.584.2272.

We encourage you to register your child online at www.caledon.ca/recreation. (Please ensure we have your correct email address on file.) This form can be completed in advance and brought with you on the first day of your child’s camp.

Our helpful, knowledgeable staff will assist families in identifying suitable programs and determining the level of support required.

INCLUSION OPPORTUNITIES

Our summer camp programs actively use volunteers to provide additional support to our camp staff. All living, one-to-one staff can be provided for those that are eligible and we also encourage the involvement of support workers provided by families or other agencies for those with additional needs.

Our dedicated staff will help provide a safe and welcoming environment for individuals with inclusion needs. Please contact 905.584.2272 for further information.

For more information call 905.584.2272 or visit www.caledon.ca/recreation.

Regular Camp Options

From July 2 - August 30

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<th>Week</th>
<th>Week 1</th>
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