



# PROCLAMATION

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- Whereas,* June has been declared as Post-traumatic stress disorder (PTSD) Awareness Month each year around the world; and
- Whereas,* PTSD can occur after experiencing or witnessing one or more traumatic events. PTSD and other trauma and stress related disorders are treatable, and can happen to anyone who has experienced or witnessed a traumatic event; and
- Whereas,* Sharing evidence-based resources and engaging communities about PTSD and anxiety disorders can reduce stigma and improve the well-being of communities; and
- Whereas,* PTSD Awareness Month is an opportunity to raise awareness about PTSD and to address the stigma that can be a barrier to seeking effective support and care; and
- Therefore,* I, Mayor Annette Groves, on behalf of the Town of Caledon Council, do hereby proclaim

June 2023

as

"Post-Traumatic Stress Disorder Awareness Month"

*in the Town of Caledon and do commend its thoughtful observance to all citizens of our municipality.*

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*Mayor Annette Groves, Town of Caledon*