



RICHARD PATERAK

COUNCILLOR'S REPORT

Winter 2011

Dear Ward One Residents:

I'm pleased to update you on some of the issues that are important to all of us. As we work together to advocate for the environment, promote sustainability initiatives, and educate the public on health and wellbeing, it is my hope that we continue to create a strong sense of community.

In this issue, we have important infrastructure, water and wastewater updates including information on the Alton Village Study, and the opening of the Region's first roundabout – located right here in Ward One.

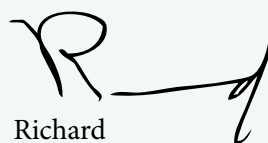
I've included practical information related to recycling and reuse, such as when to use a green bin instead of composting, how to reduce blue box contamination, and useful information on ecoCaledon and Caledon Community Services.

The Region of Peel aims to help keep our residents healthy by highlighting programs such as low-income dental

programs for children and seniors, how we're helping kids make better food choices at school, and educating residents on the signs of heart attack and stroke, and more.

If you have an interest in a particular area, please email me. I keep a list of resident names and areas of interest, and would be happy to email you directly when important issues arise, or if I feel an upcoming meeting or event will be of interest to you.

Best wishes for a safe and happy winter. I look forward to seeing you around our community.



Richard

Alton Village Study Update

The Alton Village Study is a partnership between the Town of Caledon, the Region of Peel and Credit Valley Conservation to look at both the long term plan for growth and the water and wastewater servicing options for Alton.

Water

The Region of Peel has initiated a Municipal Class Environmental Assessment to evaluate and investigate solutions for meeting projected 2031 water demands in Alton and Caledon Village. Investigations into the ability to meet these demands through an additional groundwater supply well are underway. Test-well drilling sites have been identified and evaluated.

Test drilling at the site on Hurontario was completed in August but was unsuccessful at finding a suitable water supply. A number of sites have been tested or ruled out. Drilling will now be conducted at the site on Heart Lake Road as the final alternative water supply source. Drilling is expected to be completed by December 2011.

Wastewater

The Region continues to work on the next steps listed in the July 2011 newsletter update.

- Consultation is ongoing with the review agencies on the location for the communal wastewater treatment plant as well as the criteria for the discharged effluent to the Credit River.
- The geotechnical investigations have begun to determine the soil conditions and rock elevations. These investigations will assist the decision making regarding the type of collection system suitable to move wastewater from homes.
- The Region continues to work on the financial strategy.

Next Steps

Another update will be provided in early 2012 with results from the Heart Lake Road test-well drilling.

For more information, please visit: peelregion.ca/pw/water click on **Environmental Assessments** and then **Caledon**



Roundabout in Caledon now open



The Region of Peel's first roundabout is simple to use and benefits drivers. Located at Dixie Road and Olde Base Line Road, the roundabout was designed and tested to safely accommodate large trucks and farm vehicles. The slow speeds in a roundabout mean fewer severe injuries and less property damage if a collision occurs.

An animated demo on using a roundabout can be found at: peelregion.ca/roundabouts

Other benefits include:

- Increases capacity and traffic flow by reducing delays
- Improved fuel efficiency from reduced delays/stops
- Less greenhouse gas emissions
- Reduces unnecessary stopping
- Eliminates the possibility of right angle, left turn and head on collisions
- Provides equal priority for all traffic entering the roundabout
- Eliminates electrical costs associated with conventional traffic signals

Tips on driving through a roundabout:

- Slow down on approach
- Use signals when entering and exiting
- Yield to vehicles and pedestrians in the roundabout (stop if necessary)
- Proceed when clear

Why use a green bin (when I can compost in my backyard)?

Approximately 35% of Caledon residents participate in backyard composting – a practice encouraged by the Region of Peel. Composting is nature’s way of recycling by breaking down organic material into a nutrient-rich soil conditioner.

The data collected from the residents of Caledon participating in the bi-weekly compost collection program since the mid-1990s helped launch the Region-wide green bin collection program in 2007. The green bin program complements residents’ personal composting initiatives and provides an easy way to manage a variety of household organic material that is not suitable for a backyard composter.

As many gardeners know, compost is a wonderful mixture of organic matter and nutrients. The Region encourages Caledon residents to continue to backyard compost leaves and grass clippings. The Region also encourages participation in the weekly green bin program to manage more of the household organics that are not suitable or recommended for a backyard composter.

Some examples of where to compost material:

MATERIAL		
Large amounts of yard waste	X	✓
Coffee grounds/filters	✓	✓
Meat and fats/gristle	✓	X
Fish bones and skin	✓	X
Saw dust	✓	✓
Dairy products	✓	X
Pizza boxes	✓	X

The Region produces finished Grade A compost from the residential household organic material collected curbside. By participating in the green bin program or backyard composting, residents support an environmentally-friendly initiative that reduces waste and makes a valuable soil amendment product that can be utilized on lawns and gardens.

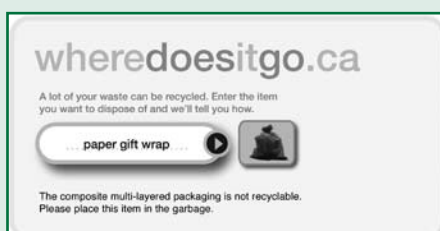
Reduce blue box contamination and waste

The Region of Peel manages approximately 500,000 tonnes of waste (garbage, recyclable material and household hazardous waste) each year. This waste is generated by more than 400,000 Peel households and can fill approximately 62,000 curbside garbage trucks!

As our population grows, so does the amount of waste we generate. And in the past few years, so has the amount of non-recyclable material being placed in blue boxes. Refer to wheredoesitgo.ca or your Waste Management Guide to ensure that you’re only placing recyclable items in your blue box or recycling bag.

In an effort to reduce contamination in the Blue Box program, the Region will be leaving obvious non-recyclable items at the curb. Also left behind will be recyclable items that are placed in garbage, grocery or shopping bags – the contents of these bags can’t be easily identified at the curb and can’t be sorted at the recycling facility.

Learn more about how you can reduce and reuse your waste at peelregion.ca/waste



Reduce and Reuse

Peel’s steady population increase contributes directly to the increased waste tonnages in the region each year. In an effort to manage this aspect of growth that affects Peel’s waste management services and to reduce the amount of waste being sent to landfill, the Region wants to make residents aware about the importance of reduce/reuse.

- Reduce waste by buying items with less packaging and buying fewer single-use items
- Reuse materials before recycling or discarding them, and donate gently used items

ecoCaledon

Since 1995 ecoCaledon (formerly Citizens for a Clean Caledon) has been working to improve the environment in Caledon. Established as a result of a landfill issue, this small but mighty group continues to make a difference.

One of the unique aspects of ecoCaledon is a general openness to new ideas. New people are always welcome to attend meetings, get involved and propose ideas. As a result, ecoCaledon has become a springboard for a variety of environmentally related programs and initiatives over the years.

Currently these initiatives include:

- ✓ Battery Recycling
- ✓ Rain Saver
- ✓ Carol Seglins Bursary
- ✓ Online Green Directory
- ✓ Environmental School Programs
- ✓ Healthy Lawns-Healthy People
- ✓ Clean Air-Clean Energy

With ongoing support from the Region of Peel, the Town of Caledon and working partnerships with other local organizations, ecoCaledon continues to strive to protect and improve the local environment and promote green living. This work cannot be accomplished without the involvement of thoughtful and committed citizens. Monthly meetings are held on the third Thursday of every month, 6:30-9:00 p.m. at the Caledon East Fire Hall.

Visit ecocalledon.org or contact us at **905-58G-REEN** or info@ecocalledon.org.

It’s easy to be green

Caledon Community Services (CCS) stores divert a million pounds of gently-used goods from Caledon landfills annually! When you donate to CCS stores, you greatly decrease your ecological footprint.

Since 1983, CCS has been recycling with Chez Thrift, followed by the ReUstore in 1998. Our eco-stores play an important role in promoting the health of Caledon. Your contributions help to protect the environment, and your purchases generate funds that assist critical community programs like wheelchair transportation buses and seniors’ housing.

- **Chez Thrift** accepts donations of gently used clothing, household goods, crafts and books.
- **The ReUstore** accepts household goods, appliances, electronics, crafts, furniture, lighting and building materials (kitchen cupboards, flooring, etc.).



If you are moving, renovating or cleaning house, just drop off your donations at one of the stores. Call 905-584-2300 ext. 899 to arrange for home pick-up.

Know the signs of heart attack and stroke

Every day, Peel Paramedics see patients who wait too long to call 9-1-1 to get medical treatment for heart attacks and strokes. According to the Heart and Stroke Foundation, over 17,000 Canadians die each year from heart attack and 14,000 die from stroke.

Learn to recognize the signs of each so you can react quickly to save a life. If you experience any of these symptoms, call 9-1-1.



Heart attack	Stroke
<p>Pain:</p> <ul style="list-style-type: none"> • In the chest, neck, jaw, shoulder, arms or back and may feel like burning, squeezing, heaviness, tightness or pressure • For women, pain may be more vague • Chest pain from hard work or exercise that goes away with rest <p>Shortness of breath: Difficulty breathing</p> <p>Nausea: Indigestion and/or vomiting</p> <p>Sweating: Cool, clammy skin</p> <p>Fear: Anxiety and/or denial</p>	<p>Weakness: Sudden loss of strength or sudden numbness in the face, arm or leg, even if temporary</p> <p>Trouble speaking: Sudden difficulty speaking or understanding or sudden confusion, even if temporary</p> <p>Vision problems: Sudden trouble with vision, even if temporary</p> <p>Headache: Sudden, severe and unusual headache</p> <p>Dizziness: Sudden loss of balance, especially with any of the above signs</p>

CPR saves lives

80% of cardiac arrests in Canada take place at home. If CPR is performed within the first few minutes, it can increase survival and recovery by 30% or more.

To learn about how to receive CPR certification or find out about CPR courses, contact:

St. John Ambulance

sja.ca

Heart and Stroke Foundation of Ontario

heartandstroke.on.ca

Canadian Red Cross

redcross.ca

Peel Paramedic Association

peelparamedics.ca



STEMI heart program

Peel Paramedics are trained to assess patients for a specific type of heart attack known as a STEMI (St-elevation myocardial infarction), and then consult with a cardiologist at Trillium before bringing the patient in for immediate heart surgery.

As of August 2009, Peel Paramedics assessed and transported over 310 patients who received the life-saving surgery within an average of 69.5 minutes – well below the program's 90-minute goal.

be ready. be prepared.



Winter Safety Tips

Winter Weather is Coming – Are you Prepared?

Emergencies can happen at any time. Be prepared with our winter storm tips.

- If a winter storm hits, stay inside. If the power goes out, dress in layers. If you must go outside, dress for the weather.
- If you're caught outside during severe weather, find shelter immediately (coffee shop, community centre, etc.).
- If you are advised by officials to evacuate, do so. Take your family emergency kit with you.
- Public Safety Canada recommends staying in your vehicle if stuck in a blizzard or a snowstorm.

1. **Allow** fresh air in your car by opening the window slightly on the sheltered side – away from the wind.
2. **Run** the car engine for 10 minutes every half-hour if your exhaust system is working well.
3. **Beware** of exhaust fumes and check the exhaust pipe periodically to ensure it is not blocked with snow.

Remember: potentially fatal carbon monoxide fumes are odourless.



If the power goes out, consume the food in the refrigerator first, then the food in the freezer and finally your emergency food supply.



For more information about emergency preparedness, visit peelregion.ca/pep or call 905-791-7800, ext. 4444.

Disclaimer: The information contained in this publication has been developed from many sources and is intended to be a guide only. The Region of Peel is not responsible for any errors or omissions.

Low-income dental programs help Peel's children and seniors

Untreated dental issues such as a toothache or broken teeth can result in problems eating, sleeping and concentrating, as well as low self-esteem. The Region of Peel offers three dental programs aimed at low-income residents who do not have dental insurance and cannot afford the cost of dental care.

The Healthy Smiles program provides access to basic preventive, non-emergency dental care – including cleanings, fillings and x-rays – to children 17 and under. Healthy Smiles was just introduced late last year and hopes to reduce the need for urgent treatment.

If urgent care is needed, the Children in Need of Treatment (CINOT) program provides basic care – including fillings, extractions and scaling – to children 17 and under. Last year, close to 8,000 children received dental treatment from this program.

Since its introduction in 2008, the Seniors' Dental Program has provided more than 5,000 seniors (65 years of age and older) with basic care, including fillings, extractions and dentures. Demand for this program is very high – more than 5,000 seniors are currently on the waiting list.

Call Peel Public Health at 905-799-7700 or visit peelregion.ca/health for more information.



Peel Seniors Portal

Older adults, seniors and their families can access a wide range of information and programs available to them from government and community organizations in the Region of Peel. Visit [www.seniorsinfo.ca/en/peel region](http://www.seniorsinfo.ca/en/peel-region)

Helping kids make better food choices

Mandatory changes to food and beverages sold in Ontario schools came into effect at the beginning of September 2011 by the Ministry of Education. The changes are significant, and are a great step to help young people make better food choices when they're not at home.



What will be different in secondary schools?

- Fried foods such as french fries and chicken fingers have been replaced by non-fried and more nutritious options like baked sweet potato fries, grilled chicken strips and more.
- Most pop and sports drinks have been replaced with 100% fruit juices, water and milk.
- More pizza types, including some with whole-grain crusts, lower-fat toppings and more vegetables, may be available.
- Vending machines now offer items like whole-grain granola bars, lower-fat popcorn and baked chips, instead of chocolate bars, regular chips and candy.

What will be different in elementary schools?

- Beverage machines will serve smaller, more age-appropriate containers of 100% fruit juices, water and milk.
- Tuck shops and treat days will now sell items like granola bars or healthy baked snacks instead of chips or candy.
- Pizza days and hot dog days will now offer healthier, more nutritious options.

Healthy eating during childhood and adolescence not only improves health but also enhances learning and promotes the best possible growth and intellectual development. It can also create changes that support life-long healthy eating patterns.

Peel Public Health is working in partnership with both school boards to support schools with the introduction of this policy. Call Peel Public Health at **905-799-7700** for more information or visit SchoolHealth101.ca/action and select "Food and Beverages."

Greenlands Securement Program

Newly Acquired Properties

McIlwraith Property | 36.40 ha (90.09 acres)

Credit Valley Conservation (CVC) acquired 36.50 ha (90.09 acres) in 2010. The land consists of sugar maple forest and mature coniferous plantation. Groundwater discharge from the ridge crossing the property creates small pockets of wetland. This diversity of habitat and size of the woodland provides habitat for birds requiring these special conditions.

In addition to providing habitat for migrating songbirds, the caterpillars of monarch butterfly feed exclusively on milkweed growing in the meadows. The monarch is a species of special concern, and the milkweed is essential to the species.

The land is now part of the Upper Credit Conservation Area owned by the CVC, and includes 190 m of the Credit River.



Torok Property | 2.4 ha (6 acres)

The Toronto and Region Conservation Authority (TRCA) acquired 2.4 ha (6 acres) in 2010. The property was added to the Sleswick Tract, a resource management area owned by TRCA, and is part of the provincially significant Speersville Wetland Complex – an extensive area of forests and swamps.

Part of the Sleswick Tract is an environmentally significant area that has boreal species not normally found in this part of the province. As well, red-shouldered hawks have been seen in this area. These birds are not common in Ontario as they need large areas of forest with wetlands such as those found in the Sleswick Tract.

Peel Asks **Why?** ...a community engaged

During the 2011 provincial election, the Region of Peel leveraged the power of social media to engage the community and influence the overall tone of the provincial election in Peel. Peel Asks Why was a non-partisan campaign that proved successful to engage candidates, provincial parties, residents and businesses in a conversation around one important question:

Why? do Peel residents wait longer than other Ontarians for key community human and health services?

Through our website, peelaskwhy.ca, candidates and the community were educated on key services residents wait for. Whether child care, housing, mental health, or supporting individuals with special needs, we empowered residents with the information they needed to ask important questions of their candidates.

If you followed us on Twitter or shared Facebook stories of the services you or someone you know waits for, thank you for your participation. As you know, the success of a campaign like this is by active community participation. Together we made this happen!

Regional Council continues to advocate to the federal and provincial governments on these and other important issues affecting residents.

To learn more, visit peelregion.ca/council/advocacy

COMMUNITY CONTACTS IMPORTANT PHONE NUMBERS AND WEBSITES

Region of Peel	905-791-7800 1-888-919-7800
Health Line Peel	905-799-7700
Waste Management	905-791-9499
Water and Wastewater Billing	905-791-8711
Ontario Works	905-793-9200
Town of Caledon	905-584-2272 1-888-CALEDON
In an emergency for police, fire or ambulance call	9-1-1
Telehealth Ontario	1-866-797-0000
Caledon Fire (non-emergency)	905-584-2272, ext. 4303
Caledon OPP	
Caledon East	905-584-2241
Bolton	905-857-3304
24-hr ComCentre	1-888-310-1122
Crime Stoppers	1-800-222-TIPS
Caledon/Dufferin Victim Services	905-951-3838
Caledon Public Library	
Caledon East Branch	905-584-1456
Alton Branch	519-941-5480
Belfountain Branch	519-927-5701
Caledon Village Branch	519-927-5800
Inglewood Branch	905-838-3324
Caledon Chamber of Commerce	905-857-7393
Caledon Community Services	905-951-2300
Caledon Community Living	905-857-9691
Caledon Meals on Wheels	905-857-7651
Caledon Seniors Council	905-584-0591
Caledon Parent-Child Centre	905-857-0090
Child Development Resource Connection Peel	905-507-9360
Distress Centre Peel	905-278-7055
Hospice Caledon	1-800-305-7905
Volunteer Caledon	volunteer-caledon.org
Peel Information Network	pinet.on.ca
Town of Caledon	caledon.ca
Region of Peel	peelregion.ca